

Four Seasons

BREEZE

Magazine



DECEMBER 2023 • VOL. XIII, ISSUE 4

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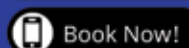
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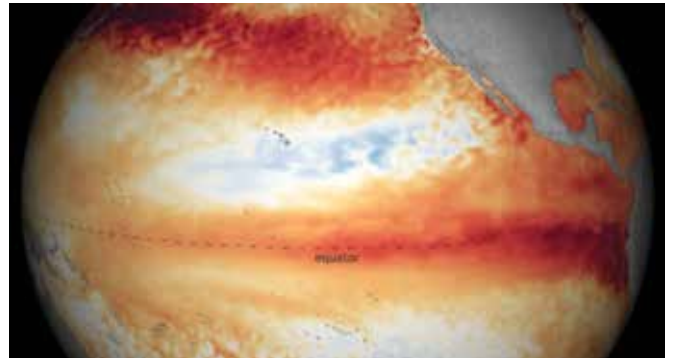


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In the Breeze



WHAT IS EL NIÑO? P. 14



JEWISH CULTURE CLUB P. 45



HAPPY HOLIDAYS TO ALL OUR
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~ From everyone at FirstService Residential
and your Communications Committee

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At the Four Seasons at Beaumont website, fourseasonsbeaumont.org, you will find association financials, Board meeting minutes, activity calendar, community guidelines, and more helpful information. Register online to receive your login details. Another source of news is the Daily Report. You can subscribe to receive Daily Report emails by going to our website and filling out the form under the Daily Report blue tab.

TO SUBMIT ARTICLES/PHOTOS: Please send to fourseasonsnews@yahoo.com. **ALL SUBMISSIONS ARE DUE BY 12 NOON ON THE SIXTH OF THE MONTH.** For more info, call Courtney at (909) 797-3647.

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MESSAGE FROM THE BOARD

By Kathy Craven, Board Vice-President

December is here and the holidays are upon us. With 2023 coming to an end, the Board of Directors is working to ensure we leave best practices for future Boards. This past year alone we have enacted several new policies and look to the future for ways to help both the environment and our budget.

This year, the Board is in the process of enacting a Code of Ethics and Rules of Conduct. This was not brought about by any one issue or incident, but rather to ensure all volunteers, including the Board and spouses, are above reproach. We researched other HOAs and worked with the Association's attorney to tailor the policy to our specific needs. This new policy should take effect in December.

In April, we executed a contract for a Power Purchase Agreement (PPA) to provide solar services to our three facilities. This agreement will ensure that our budget process will be accurate for our electricity services each year. In the agreement, we will be guaranteed a price of \$0.14 per kilowatt for the first year with an increase of 2.99 percent each additional year of the 25-year contract. In researching our past Southern California Edison bills, the raise per year was historically between 8 percent to 10 percent. Construction is planned to begin in spring 2024.

Our landscape vendor contract is one of the largest contracts the Association signs each year. The Board members believe it is our fiduciary duty to ensure we are receiving the best service at the best cost. To that end, every three-to-four years the Board goes out for a Request for Proposal (RFP). This year, we sent a RFP to six vendors. Five responded, and one declined. The Board and our Contracts Team reviewed all proposals looking not only at cost, but also at which vendor would best serve our community. We determined Park West, our current vendor, would be awarded the contract. Not only did they provide a competitive price, but they also provided many additional perks like a \$60K credit for any plantings or service. This contract will now run January through December allowing for better budget preparation.

The Community Planning Committee (CPC) was tasked to work on a Strategic Plan in 2019, and the Board approved the Plan in October 2023 (delayed due to COVID). The Strategic Plan was mailed, along with the 2024 Budget, to every homeowner at the end of November.

The Strategic Plan outlines the vision for our community, in addition to the desired outcome, and how we will achieve the results. This will be a living document, updated as necessary, and sent to all residents every two years.

The 2024 budget has been prepared; however, as I write this article, the Board has not met to approve, so I am unable to provide details (although by the time you read this, you will have already received the new budget in the mail). The budget will be mailed to each resident, per civil code, starting at the end of November. Each year the Budget/Finance Committee, and the Board, work through the entire budget, line by line, to adjust numbers and ensure our association is fully funded to meet our expenses. Putting things into perspective, we are funding a corporation with a \$5.7 million operating budget. Each year we have come within a small percentage of balancing, which is an amazing feat.

Now on to the fun stuff. To recap this year, we have not only had five amphitheater concerts, but also added five dance parties on the Loggia and in the Ballroom. Cindy and her team continue to amaze us all with the number of events planned and executed flawlessly. We all look forward to seeing what will be next. By the way, the next time you're in the Ballroom, check out the amazing lighting that was installed. It should provide an excellent backdrop for all the upcoming holiday parties.

Speaking of holidays, no matter what or how you celebrate, the Board wishes you a wonderful holiday season and a fantastic 2024.

The Board meets the second Thursday of each month at 1 pm in the Ballroom and we encourage everyone to attend and see the workings of the association. Per civil code, the Board cannot engage in conversation with any homeowner input. If you prefer to meet with the Board in a less formal setting, Meet with the Board is a more intimate setting where the Board can engage in conversation with you on almost anything you wish to discuss (exceptions include any issues currently in litigation). Meet with the Board is the third Wednesday of each month in the Ballroom at 2 pm.

If you have any questions or concerns, I can be reached at kathycravenBoard@yahoo.com or at (714) 722-1301. Have a great month and be kind to one another.

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GENERAL MANAGER'S REPORT

By Eric Zarr, email eric.zarr@fsresidential.com, or call/text (909) 991-8337

UPDATE ON THE POWER PURCHASE AGREEMENT

WITH SCE We are in a holding pattern for the solar PPA project that was approved earlier in 2023. SCE received approximately two years of applications just in the first quarter of 2023 to make the NEMS 2.0 guidelines. We receive periodic emails from SCE letting us know that things are progressing. In the last discussions with the vendor, they have a tentative date of April 2024 for construction to begin, but this could still be changed to a different date.

OCTOBER DOLLARS AND CENTS At the October Board meeting the following projects and bids were approved:

- Breckenridge Entrance Updates - \$3,570
- Four Seasons Circle Updates - \$1,190
- Stellar Peak Pocket Park - \$2,780.22
- White Sands Common Area - \$560
- FYCC Tree Removals - \$1,520
- Locust Tree Removals - \$800
- Tree Removal Project Phase 2 - \$48,720
- Ballroom Light Strips - NTE \$3,000

ASSOCIATION ALERTS

We have used email with the Daily Report for several years. We recently upgraded our service with the e-blast vendor to add text alerts. If you would like to be on the email and text alert list, you can email issues@fourseasonsbeaumont.org or go to <https://mailchi.mp/fourseasonsatbeaumont.com/sms-signup>.

REMINDERS

A reminder I give at each Open Session Board Meeting is to slow down. Once you are home behind the gates, speeding or not stopping at stop signs will only save you a few seconds. Speed limits are 30 mph on the Circle, 25 mph on all side streets and 15 mph in parking lots. Please slow down and drive responsibly. Please use the sidewalks if you are a pedestrian and wear visible clothing in darker hours.

CLOSING 2023

I sincerely hope that you and your families had a fantastic Thanksgiving! As we are coming to the close of another year, I want to thank all of you who go out of your way to be kind to the onsite team here. It is very much appreciated. I hope you all have a warm and festive time with those closest to you during this holiday season.

Meetings

BOARD OF DIRECTORS

	<u>DAY</u>	<u>TIME</u>
Executive Session	12/14	9a
General Session	12/14	1p
Committee Chairs	12/11	10

COMMITTEES

Architectural Review	12/6, 20	8:30a
Canine Corral Council	12/4	10a

COMMITTEES

	<u>DAY</u>	<u>TIME</u>
Communications	11/29, 12/8	10a
Community Planning	12/26	See Daily Rep.
Facilities		Dark for Dec.
Finance		Dark for Dec.
Landscape		Dark for Dec.
Safety (includes EPC)	12/5	10a
Social	12/5	

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BANNING WAREHOUSE UPDATE

By Jerry Monahan, Board President

Another month has passed and preparation for the court hearing on Nov. 17, 2023 is still in progress. By the time the *Breeze* magazine is mailed to residents, the Pass Action Group's hearing should have occurred. However, there is a chance the case could be continued to a later date.

The Pass Action Group (PAG) is planning a Town Hall at Sun Lakes for December. The date has not been set and the information planned will be an update on the Nov. 17 hearing if it occurs as scheduled.

The PAG and its legal team are working to ensure they are ready for the hearing.

As more information becomes available, PAG member Randy will update me for a following *Breeze* article.

The PAG Board of Directors thanks everyone who has supported and continue to support the efforts to stop the Banning Pointe Warehouse Project.

PHOTO ASSIGNMENT

GOOD SPORT, GREAT MEMORIES

We would like to invite you to participate in our Sports Memories Illustrated pictorial. If you have a picture from the past or present that illustrates you participating in sports, please submit with a caption. Email to FourSeasonsNews@yahoo.com and if you have any questions, please call Courtney at (909) 797-3647. The deadline to submit is Dec. 6.

ATTENTION HOME COOKS!

FAMILY RECIPES WANTED

Do you have favorite family recipes that you or your family served either on special occasions or for everyday meals? Or perhaps you have a treasured heritage recipe that is part of your ethnic or cultural background? If you would like these recipes to live on, and are willing to share them, please submit a copy of the recipe to Irenewelker55@gmail.com. Include the recipe, your name, and telephone number in the body of the email. You may also include a picture if available. If you have any questions, please call or text Irene Welker at (951) 275-7081.

There's An App For The Ballroom Audio System ... Scan the QR code before you go to the next show!

Have you wished it was easier to hear presentations in our Ballroom? Your Community Planning Committee understood your concern and is responding with a viable solution. Soon you will have the option of installing an app called AudioFetch on your device which will connect you to the Ballroom audio system via your headset. In addition to installing the app, you will also need to be sure that you are connected to the "Ballroom" Wi-Fi. There will be instructions at The Lodge front desk and you may request assistance from the attendants to activate this app for your use. It is highly recommended that your headset has noise reduction capability.

To scan the QR code (at right), open the camera on your phone and point it at the QR code. A link will appear on your screen. Tap the link and it will take you to your app store to download AudioFetch. ~ *Johanna Ballard, Community Planning Communications*



ACTIVITIES CORNER

What a great year this has been! I can't believe how quickly we sped through it and how many memories we made together!

Well, keep your seatbelt on, because we're going out with a bang starting with the Holiday Extravaganza Show, *A Dickens of a Christmas Carol* put on by the Performing Arts Club. The show will be presented in the Ballroom on Friday, Dec. 1 and Saturday, Dec. 2 at 6 pm, and a matinee on Sunday at 2 pm. You are going to love this show, so be sure you stop by The Lodge front desk and pick up a ticket. The tickets are free but you need one to enter. There will be a stand-by line right before each show for folks who are willing to wait to see if any ticket-bearers fail to show up, thus allowing empty seats to be taken. Festive refreshments will be served.

On Wednesday, Dec. 6 from 10:30 am to 12:30 pm in The Lodge Ballroom, Park West will be provide a free holiday workshop showing us how to make those new trendy Butter Boards for holiday entertaining. Every participant will go home with their very own Butter Board and delicious recipes.

On Sunday, Dec. 10 at 5 pm in The Lodge Ballroom, we will have our Community Hanukkah Celebration, and this year it's going to be spectacular! It will be an evening of comedy and music featuring the special musical guests, "The Orange Jews" as well as Perry and Aria Goldstein and Zev and Jaq Brooks. There will also be a yummy dessert reception to sweeten the wonderful evening. As I said before, this is for our whole community, so be sure to join this fun and funny evening. There is no cost to come, but you must stop by The Lodge

front desk to pick up a ticket. I look forward to seeing you there!

If you like holiday lights (and who doesn't), Wednesday, Dec. 13 at 6 pm starts our neighborhood lighting competition. If you are participating in the competition this year, please sign up in The Lodge Lobby so we can make a list of decorated homes for residents to see and vote on. Please also be sure to have your lights turned on by 5:30 pm on judging night. If you would like to be a resident judge, please pick up a competition judging ballot. All ballots must be submitted for entry by Tuesday, Dec. 19. We will be announcing the winners on Dec. 21.

The Four Seasons Bell Choir will be ringing, in harmonious synchronicity, the familiar carols of the holidays; nothing is more beautiful than the sounds of the bells! The concert will occur on Thursday, Dec. 14 at 6 pm in the Ballroom. Refreshments will be served.

Karaoke will be happening this month on Saturday, Dec. 16 at 5:30 pm. Get festive and enjoy an evening of song, friendship, and holiday spirit ... which reminds me, you are welcome to bring your holiday spirits and dinners with you as well.

Be sure to check the Daily Report for the millions of club and group parties also happening this month. It's been a great year, I love you all and appreciate what incredible people you are! Have a fantastic holiday and let's get ready for the best 2024 we've ever had! ~ **Cindy Graves, Activities Director**



Here's our Santa Sams Canyon Lane group. We all came together to meet (some for the first time) and share in a potluck and plan out our Christmas-theme street together. It really does make a difference if you get to know your neighbors and they become friends. We all love living here! ~ Lori Molter, 1607 Sams Canyon

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DID YOU KNOW?

DID YOU KNOW the gate entry can be tricky for guests? As a resident of Four Seasons, you may be aware of a recurring issue with mapping applications like Google and Apple Maps. We have received reports that these apps often direct guests or vendors to the wrong gate, which can be frustrating for both parties.

These applications generate directions and instructions based on the most direct route, which may suggest using non-resident gate entrances like Crooked Creek or Breckenridge gates. However, we want to remind everyone that these gates are only accessible to residents. Visitors and vendors need to be directed to the main gate, which is the Potrero entrance. If you usually use one of the gates on Highland Springs to enter or exit your home, it's possible that the navigation apps, likely are not directing your visitors to use the main gate.

To avoid this confusion, we recommend providing visitors with the address of The Lodge. Then the GPS programs will then direct them to the main gate, where they can check in and be issued a pass. It's important to inform them that you live in a gated community when they request your address or instructions. When providing your address, be sure to advise them to use the main entrance located at 1518 Four Seasons Circle, Beaumont, CA 92223.

Additionally, you can provide specific directions to your residence from the main gate. You can submit additional instructions for them by putting them into "dwellingLIVE" section of the Four Seasons website. Simply, go to "Contacts" and select "dwellingLIVE." Once you log in, your profile will be displayed, and you can click on the "Directions for Guests" button at the lower left of the page. Enter the directions you want your visitors to follow to reach your home, and you're all set.

Thank you for your attention to this matter, and we hope this information will help improve your visitors' experience.

DID YOU KNOW that beginning Dec. 1, Four Seasons is once again participating in the CHiPs4Kids toy drive, sponsored by the California Highway Patrol? Please donate unwrapped gifts for children between the ages of 0 to 12 years old by 5 pm on Friday, Dec. 2. A donation box will be located in The Lodge Lobby.



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AT YOUR SERVICE

Spotlight on The Salon's Rhonda Radzik and Susie Labbee



*F*our Seasons women discovered The Salon 14 years ago and are excited about the newly redone boutique. But did you know that many men go to the Salon for hair, beard, body, and face treatments?

Rhonda Radzik has had The Salon contract for 14 years, and for the last eight years has been joined by her sister Susie Labbee as her partner. Each of them began their cosmetology careers in high school, and through continuing education they stay current with the latest advances in their field. Plus they're both Four Seasons residents.

"Susie is the artistic one," said Rhonda. Susie has redone the boutique with wall graphics, reasonably-priced tops for everyday wear, and unique styles for the holidays. Sweaters, earrings, and sales merchandise make the boutique appealing as patrons enter The Salon.

Haircuts, color, styling, waxing, and mani/pedis are typical procedures that clients ask for, but a long list of services, with prices, can be found on the website. A variety of facials are the specialty of esthetician Diana Hurt.

"I ask my clients what they think they need," she said. Of course, people are different. Some wives have sent their husbands in for a "clean out," Diana said. During some treatments some guests are so relaxed that they fall asleep and don't want to leave. Her treatment room is equipped with aroma therapy, soft lighting, and music. Nearby is the tranquil massage room.

The main salon is clean and well-lit sporting new chairs for the clients. "We hope in the future to get new flooring and do demos," said Rhonda. She anticipates retirement in five years or so, but for

now Rhonda loves working at Four Seasons where she can set her hours to fit her clients. "I feel that I am benefitting others. I like catering to their needs," she said. The Salon often gives support to local charities like Carol's Kitchen who recently received several gift certificates from The Salon.

"We sometimes have residents bring guests in to The Salon," said Susie, "even grandkids. It's like a family here where we treat everyone like family."

Massage Therapists Dylan James and Leora Mares, Manicurist Lisa Gustafson, other stylists Kelly Mulligan, Ruben Riaza, and Kim Sirick are all ready to serve you at The Salon. ~ *Tina Soeten and Andi Henderson*



Rhonda Radzik with her husband



Susie Labbee



"Understanding the Weather" – A Series by Mel Zeldin, Retired Meteorologist

What is El Niño and How Does It Affect Our Weather?

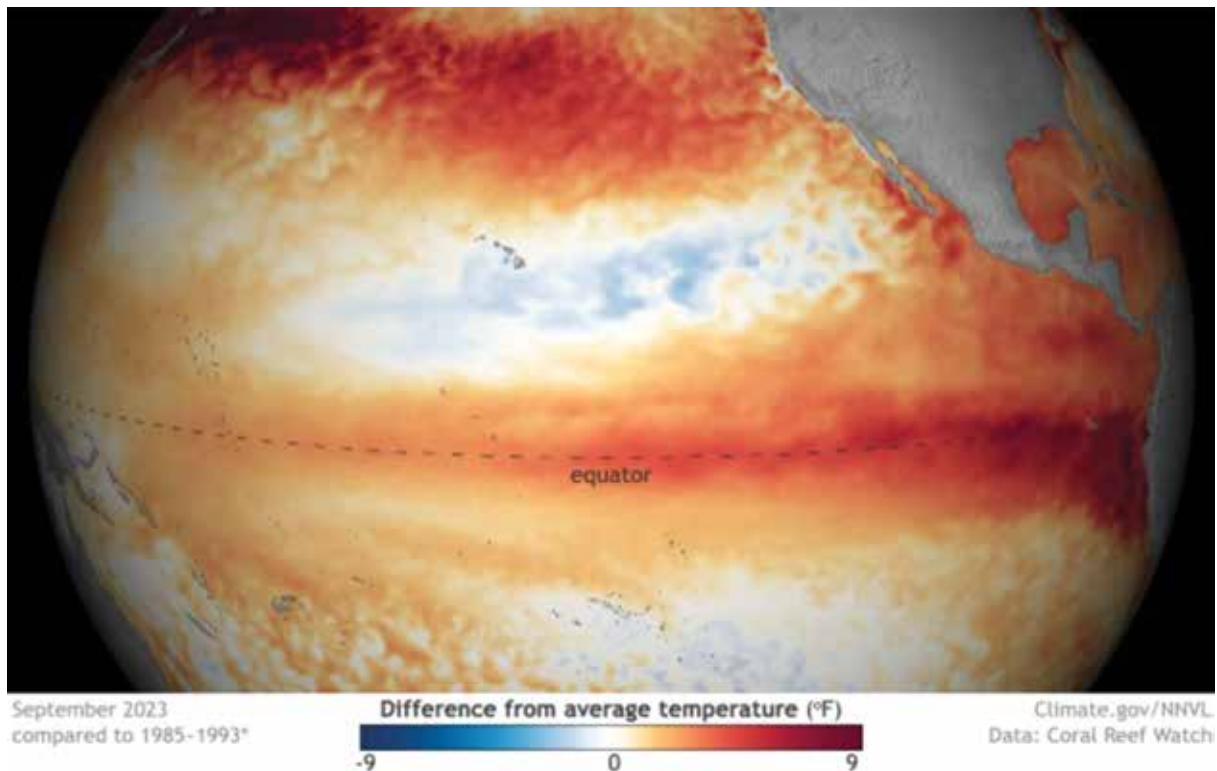
There is a lot of news these days about a developing El Niño and its impacts on California. But what is El Niño? It is about water surface temperatures in the eastern equatorial Pacific Ocean.

Under El Niño conditions, the waters off the equatorial areas of South America begin to warm above average. (See picture below.) This causes more evaporation and added moisture to the atmosphere. Under non-El Niño conditions, the trade winds in the tropical Pacific blow from east to west causing the circulation across the Pacific to be clockwise in direction. This means that circulation affecting the west coast of the United States is dominated by northwesterly flow, and

our winter storms mostly originate from off the Alaskan coast. But under El Niño conditions, the circulation shifts to a more westerly flow across the Pacific. In turn, this causes the storm track to become more westerly, and this gives us more storms from the west here in California. Such storms are generally stronger and wetter than the typical non-El Niño storms. And as a result, we generally have a wetter than normal winter.

However, this is not absolute certainty. Historically, El Niño conditions result in above-normal winter rainfall most of the time, but about 25 percent of the El Niño events do not.

Sea surface temperature map of the equatorial Pacific Ocean as of September



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The Best Part of Waking Up

By Steve Benoff

Last year I started drinking real coffee. For as long ago as I can remember, I've been drinking decaf coffee with milk and sweetener. I can remember when I was an undergrad at UCR ...

Wait, let me tell you how I came to attend UCR. I've never been a very good student (except for my first year at USC Law when I scored so well I made it onto law review. I even won an award for my law review work which I didn't know I was to receive at the graduation ceremony that I didn't attend). I combed the University of California information book and discovered that I could gain admission, regardless of grades, if I scored well enough on the morning and afternoon SAT exams. I studied like crazy and did well enough to gain entry to the campus of my choice. I had planned to attend UCLA which was close to my home. But a family friend happened to be the dean of the UCLA College of Fine Arts. He advised me to go to a smaller campus for my undergraduate work. He recommended UCR. So, that's where I went. (As planned, I later went to UCLA for a masters — in theatre arts of all things.)

Back to coffee. Many a late night found me in a Riverside coffee shop for a snack of a baked potato and sweetened, lightened decaf coffee. I continued that tradition (the decaf, not the potato) until last year.

Be patient — there will be an app here somewhere. Last year I came to the realization that I had no appreciation for real coffee. I think the inspiration came from reading about how many pro bike riders benefited from caffeine intake. I decided to try drinking caffeinated coffee in the morning. Furthermore, I decided that if I was (maybe that should be if I were) going to drink coffee, I should learn to appreciate its true taste; that is, without milk and sweetener. That lead me to exploring various coffees. Not satisfied with the K-cup choices available for my Keurig machine, I first bought ground coffee, then started grinding the beans myself.

Unsatisfied with my experimentation for various reasons, not

always having to do with taste, I searched for a non-K-cup single-cup brewing system. I decided to try Nespresso. Nespresso is a unit of the Swiss conglomerate Nestle, and their machine was first designed as an espresso maker. But they later expanded to full-cup coffee. I found a machine at a sizeable discount which turned out to be their most advanced model with a range of serving sizes from 2.7 oz. to 18 oz. Well, let me tell you, I found my coffee nirvana. I now start each morning with a very large cup of fabulous black coffee.

Of course, like just about every electronic device these days, it has an app. You can use the app to order recyclable coffee pods or to interactively see the state of your machine.

One of the outstanding features of Nespresso is their customer support. In the early days of learning about my unit, I had occasion to call them early on a Sunday morning and was connected to a representative after a short wait. But, of course, you don't need an app to do that. More recently, I wanted to descale my Nespresso coffee maker. I thought I followed the detailed, step-by-step instructions correctly but wasn't able to get the unit to descale. So, I called customer support and soon was talking to someone who understood the process much better than I did.

Now here is the moment some of you have been waiting for since the rest of you have, no doubt, stopped reading. The woman I was talking to wanted to see what was going on. Having made connection with the app, she sent me a link to my phone. I clicked the link, granted the appropriate permissions, and, using the camera on my phone, was able to show her the blinking light on my machine. Using the video from my phone, she was able to diagnose my issue. I'll not burden you with the embarrassingly simple solution to my problem.

The amazing point of all this is, using the Nespresso app, I was able to solve my issue interactively using not only voice but also video.

If you use an app you'd like to share with others, let me know at steve.benoff@verizon.net.

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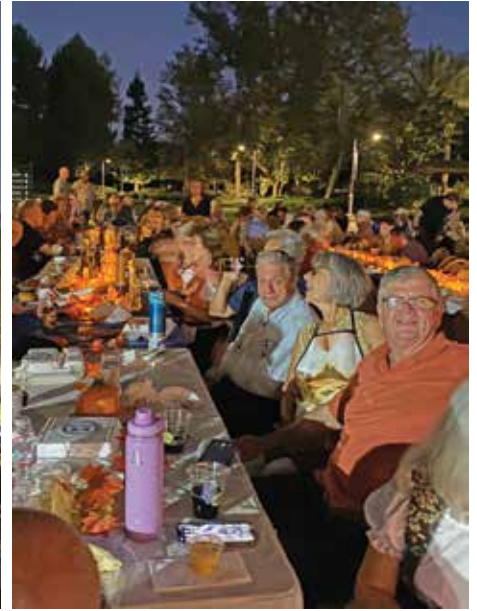
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Photos By Bill Christelman



DON'T MISS DECEMBER FUN!

Friday, Dec. 1, 6 pm: Holiday Extravaganza, Show 1
 Saturday, Dec. 2, 6 pm: Holiday Extravaganza, Show 2
 Sunday, Dec. 3, 2 pm: Holiday Extravaganza, Show 3
 Wednesday, Dec. 6, 10:30 am: Park West Holiday Workshop
 Saturday, Dec. 9, 4 pm: African American Cultural Club Holiday Gala
 Sunday, Dec. 10, 5 pm: Two Jewish Dads & Their Daughters Show
 Wednesday, Dec. 13, 6 pm: Holiday Lighting Competition
 Thursday, Dec. 14, 6 pm: Handbell Choir Concert
 Sunday, Dec. 31, 7 pm: Roaring 20s New Years Eve Party

Oh, the Places We Go!

For this “Oh, the Places We Go!” column, residents may submit high-quality digital photos to FourSeasonsNews@yahoo.com. While not required, we would love to see a copy of the *Breeze* featured with you in the photo of your escapades. It will be fun to see how far and to what exotic places the magazine travels. Please be sure to include information to explain your photos, especially the who, what, when, and where.



Our 4x4 Seasons at Pismo Beach out on the dunes with the Breeze



Nancy and Mike Lilly, Debbie Aiello and friend Loreen Wilson went on a cruise up the coast from Boston, Mass. to Quebec City. We timed it just right and got to see the fall colors as we hoped. A lot of the towns in Canada went all out and decorated for Halloween. Quebec City was celebrating their Thanksgiving time while we were there, such a beautiful city.

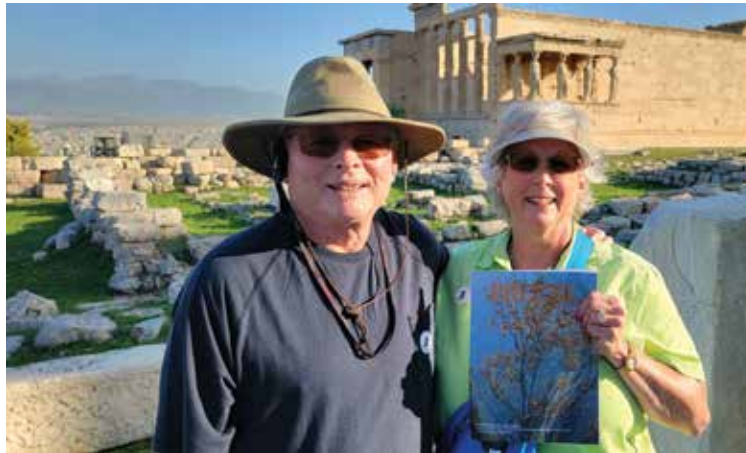
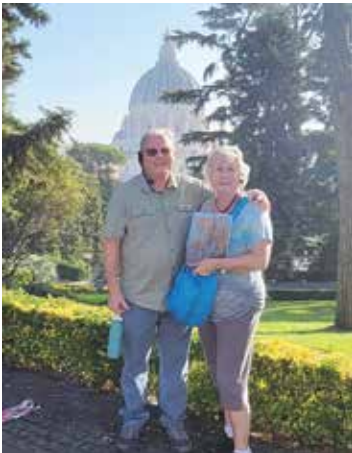
Oh, the Places We Go!



Thirty miles from Julian is the largest state park in California in the Colorado Desert near Borrego Springs. We enjoyed bouldering on the Palm Canyon Trail. Submitted by Elizabeth Westbrook



We went on a 14-day cruise to Iceland, Norway, and Scotland. The picture above is us in Iceland with the Northern lights behind us. Submitted by Eddie & Susan Peterson



My husband Bruce and I cruised to Greece and Italy. We visited the Vatican and Sistine Chapel in Italy, and the Acropolis in Athens, Greece. We tried ouzo, pizza, and cannolis too! So much history and fabulous architecture. Submitted by Cecilia Lizotte



The Travel Group and friends on a one-week California Coastal Cruise

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div> <div>December</div> <div> The activities, dates, and times on this calendar are subject to change at any time. Check with your club or group contact for the latest information if you have any questions or concerns. </div> </div>						
3 Holiday Extravaganza 2p Trivia Night 6:30p	4 Life After Loss 1p FS Singers 3p African American Cultural Club 6p	5 Karaoke 5:30p Classic Film Group 6p	6 Park West Holiday Workshop 10:30a Pasta & Piano Night at the Bistro 4:30p	7 Veterans Group 10a	8 Country Line Dance Holiday Party 4p	9 Private Event RCN All Day Holiday Party Summit All Day African American Cultural Club Gala 4p
10 Two Jewish Dads & Their Daughters: A Night of Music & Comedy 5p Counter Culture Cinema Club 6p	11 FS Singers 3p	12 Book Club 9:30p Computer Group 10:30p Writer's Club 1p 4x4 Club 6:30p	13 Holiday Lighting Competition 6p Pasta & Piano Night at the Bistro 4:30p	14 BOD Exec Session 9a BOD General Session 1p Bell Choir Concert 6p Italian American Club 6p Classic Music Group 7p	15 Holiday Party RCN All Day Holiday Party Ballroom All Day	16 Private Event RCN All Day Holiday Party Summit All Day Karaoke 5:30p
17	18 Life After Loss 1p FS Singers 3p	19	20 Meet with the Board 2p Heart & Soul Holiday Party 3p Pasta & Piano Night at the Bistro 4:30p	21 Taste d'Vine 6p	22	23 Private Event RCN All Day
24 Admin Office Closed Facilities Close 5p 31 Admin Office Closed Facilities Close 5p NYE Party 7p Lodge opens at 6:15p for ticket holders	25 All Facilities Closed	26 Admin Office Closed 9a Facilities Open 6p Classic Film Group	27 Pasta & Piano Night at the Bistro 4:30p	28	29	30

CLASS, GAME, EXERCISE SCHEDULES

Below schedules may change, cancel, or reschedule at any time. Check with The Lodge front desk or fourseasonsbeaumont.org for updates.

Physical Exercise

THE LODGE

Gym	Daily	Open
Hula Hoop Group	F	7:30a
Pool	Daily	Open Swim
Spa Pool	Daily	Open
Paddle Tennis	Daily	Open
Pickleball	Daily	Open
Shuffleboard	M/Sat	8a
*Beginners Conditioning	T/Th/F	8:30a
*Total Body Conditioning	M/W	8:30a, 9:30a
*Kickboxing Cardio	Sat	9:30a
*Chair Yoga	W	5p
*Yoga	W	6p
*Zumba	T/Th	9:30a

THE COURTS

Gym	Daily	Open
Courts Pool	Daily	Open Swim
Spa Pool	Daily	Open
Tennis	Daily	By Reservation
Ladies Putters	M	4p
	F	9a
Ping Pong	Daily	Open
FSTTC	M-Sat.	1p
AFSTTC	T	10a
*Yoga	T/Th	8:30a
*Pilates	M	8a

THE SUMMIT

Gym	Daily	Open
Summit Pool	Daily	Open Swim
Bocce Ball	Daily	Open
Horseshoes	Daily	Open
Cornhole	T	4p
*Water Aerobics (pool closed during class)	M/W/F	11a
Water Volleyball (pool closed during play)	T/Th	10a
	Sat.	1p

DANCE

Let's Dance! Free Practice	M	6p
*Let's Dance! Beginning	M	6:30p
*Let's Dance! Intermediate/Advanced	M	7:05p
Country Line Dance Beginning	T	2p
Country Line Intermediate	T	2:45p
Country Line Advanced	T	3:30p
*Heart & Soul	W	4p
Step it up Line Dance Beginning	M	1p
Step it up Line Dance Improvers	M	2p
Step it up Line Dance in the Ballroom	W	6:30p

Classes/Groups

Believe Bible Study	F	10:30a
Ceramics	W	1p
Craft Group	Th	10a
Crafty Card Makers	2nd/4th F	1p
Handbell Choir	Th	1:30p
Intercessory Prayer	1st M	9a
Knit & Crochet	T	10a
*Mixed Media Art	M	10a
	W	6p
Men's Bible Study	T	9a
PAC	2nd M	6p
Photography	1st Th	6:30p
Quilting Enthusiasts	1st Th	1p
Sit 'n Sew	3rd Th	9a
TOPS Weigh In	T	8:30a

Activities

Curly Cues	M	11a
Billiards for Fun	T	10:30a
Wild Bunch Billiards	F	12:30p
Dominoes Billiards	W/F	3:30p
Bocce Ball	T/F	8a
	Th	6p
Horseshoes	W	9a
Ladies Putters	M	4p
	F	9a
Ping Pong	Daily	1p
Advanced	T	10a
Paddle Tennis	M/W/F/Sat/Sun	5p
Shuffleboard	M	9a
	Sat	9a
Tennis Play Day	Last Sat	8a
Beginners	All Sat except last	8a

Game Clubs

GAME	DAY	TIME
Bridge for Fun	W	12p
Bunco	F	1p
Canasta	Th	1p
Co-Ed Bid Whist	T	6p
Contract Bridge	2nd Sat	9a
Dominoes	W/F	5p
Hearts	T	6p
Mahjong	F	10a
Mexican Train	M	12p
Phase 10 Cards	2nd/4th T	2p
Pinochle	M/W/F	9a
Rummikub	M	2p
Three Thirteen	1st/3rd Tues	2p
Uptown Diva Bid Whist	1st/3rd F	2p

*A fee may apply for activity

COMMUNITY AWARENESS

At our October meeting, we were fortunate to have a presentation by Luren Dickinson, Beaumont Library Director, who discussed plans for the renovation and expansion of our Beaumont library facility. During this presentation, we also learned some very interesting information and facts about the history of our hometown library.

On Nov. 8, we scheduled our Beaumont City Fire Marshal, Kylie Tillema, who provided us with an update of the Fire Maps for our community. We were also scheduled to have an update by the Beaumont Police Department about scams and scam prevention tips. In December, we anticipate having a State of the Community update from General Manager, Eric Zarr, along with a state of the city update from our Beaumont City Manager Elizabeth Gibbs.

HOME HOLIDAY SAFETY

As you know, many people are away from their homes during the holidays. The following are some hints to keep burglars from “helping themselves” at your home when you are gone for an evening or an extended time:

- Keep valuables and gifts out of sight.
- Always lock all doors and all windows.
- Turn on outside lights. Trim back shrubs and bushes to make the front of your house more visible from the street.
- Cut up cartons for televisions, computers, stereos, or other “high priced” gifts. Tie the pieces together with identifying labels on the inside before putting them out for trash pickup.
- Have inside lights and a radio or television on timers.

- Stop all mail, package, and newspaper deliveries or arrange for a trusted neighbor to pick them up daily.
- Inform someone where you are and when you are expected to return.
- When returning home, have your keys in hand to quickly unlock the door.
- If you suspect someone has been in the house, leave immediately and call 911 from a mobile phone or from a neighbor’s house.

We would like to thank our Block Captains and Community Awareness (formerly Neighborhood Watch) Committee members for all they do to help keep our community safe. ~ *Frank Hilberg, hilbergfrank@gmail.com*

LANDSCAPE COMMITTEE

Christmas Plants and Flowers for Your Home

Last year I presented some plants that make the year end holidays more merry. Here are some additional ones that will add cheer to the holiday season.

Amaryllis (1): Big, crimson trumpets of amaryllis herald the season on your mantel or buffet table. Red still rules for the holidays, however new cultivars offer a spectacular variety of shapes, colors, and patterns to choose from each year. ‘Red Lion’ is unsurpassed for its brilliant red blooms. Popular cultivar ‘Minerva’ brings cheer with a red and white starry pattern.

Christmas Rose (2): Sweet, nodding flowerheads adorn this winter-bloomer. Christmas Rose (Hellebore sp.) is native to alpine regions of Europe and come into flower when the rest of the garden is blanketed in snow. It has become increasingly popular as a houseplant, nudging its way into the holiday season.

Red Spider Lilies (3): Red Spider Lily (Lycoris radiata), is another dependable bloomer in the amaryllis family. Its striking clusters of blooms add gorgeous crimson color to your home in an unexpected twist on the traditional.

Paperwhites (4): Fragrant Paperwhite blooms nestled in a pot make a glorious display.

Just about the easiest bulbs to force indoors, it’s no wonder why paperwhites are popular Christmas plants. Newer cultivars have larger flowers ... and more of them. ‘Ziva’ and ‘Ariel’ are just two prolific bloomers you’ll want to try.

Paperwhites are often sold as kits for the holiday season. They’re virtually foolproof — just add water. ~ *Kirk Freyermuth, kafreyer@frontier.com*



CANINE CORRAL

Do you know the proper procedure in using the Canine Corral's holding pen? There are certain rules to help your four-legged friend adjust to the Canine Corral and ease into the designated small or large dog area safely.

As you enter the gate into the holding pen, make sure there are no other dogs in the holding area. Once inside, make sure the outside gate is firmly closed. At this time you may remove your dog's leash before he/she joins the other dogs to play in either the large dog area or the small dog area. The prohibition of leashes in the park's play areas is designed to reduce aggressive behavior — off-leash dogs are more easily able to use appropriate body language to discourage unwanted interactions or to move away from a dog they deem to be more threatening than dogs restricted by a leash. Please be sure your dog enters the Canine Corral in a calm, orderly manner. Take the time to teach your dog a calm approach.

When leaving the Corral, lead the dog to

the gate to enter the holding area, making sure you and your dog are the only ones in the holding area. Once the dog is inside, you may leash the dog and open the outside gate to leave the Corral. Also, carry your dog's leash with you at all times in case it is quickly needed.

Special thanks to Lori Stewart for providing the pavers to upgrade the holding pen so our furry friends' paws will not be harmed. Also, thanks go out to our Canine Corral members who spent a couple of Saturdays laying down the pavers and providing a safe entrance.

If you have a dog, consider joining so that they can make friends and run free. The first year is \$40 and you must meet shot requirements and a few other things. Pick up an application form at The Lodge front desk; it is so easy.

The Canine Corral meets once a month on the first Thursday at 10 am for approximately one hour. If you might be interested, stop by and see how we work to make life better for our dogs.

All our furry friends and members of the Canine Corral would like to wish everyone a very happy holiday season and health and happiness for the 2024 New Year! ~ **Barbara Morton, Co-Chairman, (559) 269-0908**



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FACILITIES COMMITTEE

The Four Seasons Facilities Committee would like to wish every resident a joyful and uplifting holiday season. Enjoy our beautiful community and the fellowship of neighbors and friends.

Community projects within the purview of the Facilities Committee are completed through a process as follows: Once an area of concern is identified, the Facilities Committee makes the appropriate recommendation for either a repair or replacement, then proposals are presented to the Finance Committee, and finally to the Board of Directors for approval.



Projects currently in this process include the spa lift repair at The Summit, crack repairs at The Lodge courtyard, and Windmill repairs at Crooked Creek. We are pleased to report that the repairs of damaged and loose pavers at The Lodge roundabouts have been completed.

The Facilities Committee meets the second Wednesday of each month at 9 am in the RCN Main Room. The Committee will be dark for the month of December, as no meeting is scheduled. For more information, please contact Committee Chair Lila Bonner at ladybonner@msn.com. ~ *Lila Bonner*

ARCHITECTURAL REVIEW COMMITTEE

The holiday season is just around the corner. If you're lucky, someone will give you a new spa, swimming pool, driveway, or maybe just some new plantings for your yard. While ARC does not want to rain on your parade — or complicate your new gift — please remember that any changes you make to the outside of your home requires approval by ARC.

ARC approval isn't difficult if you follow the instructions on Four Season Beaumont's website. If there are any issues ARC will work with you to find a way to help you get the look that you want while staying within the guidelines. The application, as well as the Guidelines can be found at www.fourseasonsbeaumont.org. Hard copies can be obtained at The Lodge front desk or the RCN front desk.


Any work done to the outside of your house or yard requires ARC approval. Some of the more common items we see are:

- Installation of security lights and or cameras (may require city permits as well)
- Changing doors or inserting glass panels in the existing door
- Installing screen or storm doors
- Adding to, removing, or changing landscaping (tree removal may require a city permit)
- Adding outdoor lighting
- Installation of storage sheds, dog runs and/or patio covers

- Painting all or part of the exterior of your house
- Installing solar panels (will require city permits)
- Installing artificial turf or rocks




These are not all items that require ARC approval, just some of the ones we see most often. So go ahead and hope/dream that you will be gifted some exciting thing for your house and/or yard.

If you have any questions, please contact me. ~ *Steve Cooley*, (801) 815-5302, cooleyaudit@gmail.com



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SAFETY COMMITTEE SAFETY 4 “ALL” SEASONS

Unsafe driving is a common concern and theme brought up by residents. Here are a few reminders to help you safe during the holidays:

- 25 miles per hour is the maximum speed limit on roadways within our residential districts.
- 30 miles per hour is the maximum speed limit on Four Seasons Circle.
- Stop at all designated STOP signs.
- Yield to vehicles that have entered a roundabout. Note: When entering a roundabout, only drive in a counterclockwise direction!
- Yield to pedestrians.
- No distracted driving! Put away your cell phones and other electronic devices while driving.

Making “Merry” During the Holidays: Holidays and Alcohol

The following information is provided by Linda R. Bernstein, Pharm.D., pharmacist, writer, and host of DrLinda.TV.

Holidays and alcohol often go hand in hand. The National Institutes of Health found that more than 70 percent of U.S. adults regularly drink alcohol, and about 42 percent of those who drink alcohol also use medicines that can interact with alcohol. The National Institute on Alcohol Abuse and Alcoholism (NIAAA) warns that holidays are also a time when some people are more likely to drink beyond their limits and get injured. Drinking alcohol while taking certain medicines compounds the risk and danger, especially in the elderly.

Alcohol can cause harmful effects when used along with some prescription medications, over-the-counter products, herbal and dietary supplements, and illicit drugs. Components of multi-ingredient medicines, some of which may contain alcohol, may further interact* with alcohol.

***Interacting Drugs:** Some prescription and non-prescription medicines may adversely interact with alcohol, such as those used for allergies, colds, flu, angina, arthritis, blood clots, mental health disorders (anxiety, depression, mood, attention, sleep), diabetes, enlarged prostate, stomach problems, high blood pressure, cholesterol, infections, seizures, and pain.

Side effects of mixing alcohol and medicines may include feeling sleepy, dizzy, or faint; liver or heart problems; bleeding, especially in the stomach; nausea and vomiting; low or high blood pressure; falls or accidents; seizures; depressed breathing; drug overdose; or death. Driving and use of machinery may be impaired. Side effects may require medical care.

The NIAAA notes that alcohol and medicines can interact harmfully if taken at the same time or at different times or the day. Alcohol affects the brain and body long after the last drink has been finished, resulting in impaired judgment and coordination for hours. Similarly, medicine can last for hours or days after you take a dose.

Safety Tips: Be sure to read labels carefully. Ask your pharmacist

or other health care provider if you can consume alcohol while taking your medicine(s) and whether your medicines alone can affect your ability to drive and operate machinery. Have plenty of alcohol-free beverages available for yourself and guests. Also, don't drink and drive.

Cheers!

Special Note: “CPR SUNDAY” classes are taking the holidays off.

The next CPR Sunday class will be held on Sunday, Jan. 28. There are two classes available on each CPR Sunday — one class from 12 to 1 pm, followed by another class from 1 to 2 pm. A sign-up sheet can be found on the clipboard by The Lodge Theater.

In addition to the CPR Sunday classes, you can also call, text, or email AJ Reilly to set up a class: (951) 522- 9975 or reilly58@me.com

As a reminder, the Safety Committee meets on the first Tuesday of the month at 10 am in The RCN Conference Room. We encourage you to attend the meeting should you have any concerns or if you would simply like an update on our ongoing safety projects. Also, please drop by if you are interested in joining the Safety Committee. We are always looking for energetic new members. All the best. ~ *Frank Hilberg, hilbergfrank@gmail.com*



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SOCIAL COMMITTEE



We hope that you have enjoyed the entertainment so far this year. Our recent Fashion Show was awesome and a little different. I hope you all enjoyed the swag bags.

Our New Year's Eve party on Dec. 31 is going to be huge this year. The theme is the Roaring 20s and tickets are available at The Lodge front desk. Tickets are \$75 per person and are non-refundable. There's nowhere you can go for such a great party at that price! We expect a sell-out and sales will be open to non-residents two weeks before the event. Seating will be assigned two weeks before the event.

This will be a fun and exciting event with games, door prize, raffles, and gift cards — plus there will be a contest with prizes for best Roaring 20s outfit. Doors will open at 6:15 and champagne will be served along with the appetizers until dinner starting at 7 pm. Bring your favorite beverage.

Ann Taylor will be our caterer again this year — you know it's going to be a delicious meal! We will also have a free photo booth for you to have your pictures taken with your friends.

Tony Zambrana will be our DJ. It's Tony's ninth year at Four Seasons; he is an energetic master of ceremonies and loves to engage with residents and guests.

There will be free party favors and five raffle baskets so please bring extra cash to help with our fundraiser for upcoming events. I look forward to seeing you all there.

This is my last year at the helm of the Social Committee and I would love to toast with you at our New Year's Eve party. In my three years, I've had an awesome time arranging fun events for us all. Everyone on the Committee really appreciates all of your support. ~ *Loretta Ramsey*, lorettaramsey@aol.com, (714) 803-6744

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FINANCE COMMITTEE

As the year comes to a close, I would like to publicly thank the members of the Finance Committee for their service to this community. Each member of the Finance Committee works very hard to keep our community in the top tier of well-run beautiful communities by sharing their time and knowledge.

During the Finance Committee's regular monthly meeting, the financial statements for September 2023 were reviewed and recommended for Board approval. In addition, the Committee reviewed expenditure proposals, and reviewed investment recommendations to move maturing investments to higher yield FDIC insured instruments. Highlights of the September financial statements are: Total Cash is \$12,389,740 including operating cash of \$2,148,677 (checking and CDs) and reserve assets of \$10,241,063. Our total year-to-date income is \$72,679.

Homeowners are welcome to join us at the Finance Committee's regularly scheduled monthly meetings that are held on the last Tuesday of each month but are dark for December. The Finance Committee reviews and discusses many issues that you may have questions about, and we welcome those questions. I would encourage all residents to become more familiar with the finances of our community. We would love to hear about your concerns and encourage you to share them with us. Attending a meeting only takes a little time and will give you a better understanding of how we operate. Come and join us in making this a thriving vibrant community. Our meetings are held in the RCN Conference Room.

If you have any questions or concerns, contact me at joleneaudit@gmail.com. ~ **Jolene Cooley**

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If you are a beginner at playing Sudoku, here is a brief tutorial.

Sudoku is played on a grid of 9 x 9 spaces. Within each row and column are 9 squares made up of 3 x 3 spaces. Each row, column, and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column, or square.

If the instructions above are not sufficient, simply Google "Sudoku for beginners." There are loads of instructions from novice to expert.

If you're new to Sudoku or have questions, message us at rwgeiser12@yahoo.com or call (406) 261-3759.

Puzzles created by Ray Geiser. Solutions on Page 70

						7		
5			9		1		2	4
		8	7	2				5
				8		1	6	
	2	6		3			5	
4				9	8	2		
6	7		5		4			3
		1						

EASY

		2	5			3	8	
	8	6						
				3	6			
		1				2		
9		8	6		3	5		1
		7				4		
			7	6				
						6	3	
	9	5			2	1		

MEDIUM

6					4	7		3
3				2				
			6				9	
	8			3			6	
2	3						5	9
	5						7	
					1			
				9				2
5		9	8	7				6

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Expressing Gratitude



On Sept. 6, I fell while walking around Four Seasons Circle. Not wanting to interrupt several residents who were stopped on the sidewalk talking, I headed into the street when suddenly I found myself flat on the roadway. (I know ... we are constantly being reminded not to walk in the street!) I hit hard! I want to thank those residents who quickly came to my aid, assisted in calling my husband and stayed with me (even after a police officer arrived) until my husband could be reached. You are the best! I wish I had your names to personally thank you. I did break my humerus bone; however, am fully recovered now and just working with a physical therapist to regain my full range of motion. God was truly watching out for me then. The fall could have been so much worse. Thankfully, it wasn't and He sent wonderful people who cared enough to stop and help. I will forever be truly grateful. ~ Mona Milbrandt

If you have seen an act of kindness or have received one, please share with the community. Let's spread gratitude! Email your gratitude to FourSeasonsNews@yahoo.com or go to The Lodge Lobby and fill out a gratitude note and put it in the box marked "The Box of Gratitude." Thank you.



The Salon

AT FOUR SEASONS

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~ Rhonda Radsik, Stylist

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Pets On Parade

To have your pet featured in Pets on Parade, please send a high resolution photo with a caption to FourSeasonsNews@yahoo.com. Please put "Pets" in the subject line.



Siamese brothers Thai and Chow. Submitted by Elizabeth Weissman



Sisters Ribbons & Tinsel celebrate their 6th birthday. Submitted by Cheryl & Wayne Staples



Jasmine and Bella are my precious babies! Submitted by Janice Pugliese



Little Bit wants to be in the Breeze. Submitted by Susie Labbee



Doc, Tino, and Cowboy waiting for treats from Santa. Doc belongs to Susan and Tom Conigliaro and Tino and Cowboy belong to Catherine and Tom Powers.



This year for Halloween Mewsette and Cleopatra went as secretaries, dressed for success at the office. Submitted by Crystal Ann Lea

Pets On Parade



Our Greyful Greyhound Margo is getting ready for the holidays. Submitted by Drew and Linda Savage



This is Piper, our Nova Scotia Duck Tolling Retriever. She could have used a pair of sunglasses on this sunny day! Submitted by Chris and Craig Korotko



This is Miss Daizy Winters, she is three years old and hopes everyone had a happy Thanksgiving. Submitted by Judy Winters



Our new babies are 12 weeks old and full of energy; they are keeping us busy and happy. Xiomara is our little girl with the impressive eyebrows. Xavier is our boy, first boy we have ever had and he is just a bundle of love. He is a fast learner and is already letting us know when he needs to go out. Submitted by Diana R. Flores



This is Brooklyn who loves living in Four Seasons. She enjoys her many daily walks especially the trails and seeing her doggy friends along the way. Submitted by Cindy Bert

Rescues Yeti and Nikko. My girls are around 10-11 years old. Still spunky and love their walks here at Four Seasons. Submitted by David and Carole Farmer



Toby loves running and giving wet kisses. He's our yum yum boy. Submitted by Grace Germany



If you have any questions, please feel free to call or text me at (951) 275-7081.

Chicken Paprika

The recipe this month is from Barbara Wasco. It is a hearty dish with Hungarian roots that can be served as an everyday meal or for company. This is by no means a traditional Paprikash, but is tasty and filling. Any combination of chicken pieces may be used, bone-in is best because the sauce develops a richer flavor. Boneless may be used, but be sure to shorten the cooking time to avoid overcooking the chicken. The cream soup may be any flavor such as cream of celery, chicken, or mushroom. Barbara's family prefers cream of celery. I added additional paprika to the sauce in order to give it a more pronounced paprika flavor. NOTE: I did not make the dumpling recipe because my grandmother used to serve her Paprikash over egg noodles. Prep time: 15 minutes; cook time: 60 minutes; total time: 75 minutes plus resting time. Serves 4 to 6.

INGREDIENTS

- 2 pounds bone in chicken pieces, skin on
- 4 Tablespoons butter
- 1 medium onion, chopped
- 2 Tablespoons paprika, divided, (preferably Hungarian, either sweet, hot, or smoked)
- 1 to 1½ teaspoons salt (to taste)
- 1-10 ounce can condensed cream soup, any flavor
- 1 teaspoon flour
- 1 soup can of water (may use chicken broth)
- 1 teaspoon ground black pepper
- 2-3 Tablespoons sour cream

DUMPLINGS

(recipe may be doubled — Barbara's family loves the dumplings)

- ½ cup water
- 1 large egg, beaten
- 1/4 teaspoon salt
- 1 cup all-purpose flour

DIRECTIONS

1. Remove chicken from package, wipe dry with paper towels, and place on a sheet pan. Dust chicken with 1 Tablespoon paprika and salt.
2. Melt butter in a large skillet over medium-high heat. Add chicken and cook until lightly browned all over, 3 to 5 minutes per side. Add onion and cook until translucent and starting to brown, about 5 to 8 minutes.
3. In a small bowl, mix together condensed soup, flour, water or
- broth, and pepper. Add the remaining Tablespoon of paprika, if using.
4. Add mixture to chicken and onions, stirring to mix well. Reduce to a simmer, cover, and continue to cook until chicken is no longer pink at the bone and the juices run clear, 30 -45 minutes or until the chicken reaches 165 degrees near the bone. Remove skillet from heat, cover to keep warm.

DUMPLINGS

1. While the chicken is cooking, bring a large pot of water to a boil over high heat.
2. In a large bowl, mix water, eggs and salt together. Gradually stir in the flour to make a stiff batter, do not over mix. Drop batter by teaspoonfuls into the boiling water. Do not overcrowd dumplings (this may have to be done in batches). Cook until dumplings float to the top, 5 to 10 minutes. Remove with a slotted spoon and drain in a colander. Repeat until batter is used.

SAUCE

1. To finish the sauce: Remove about ½ cup of the sauce from the pan and place in a small bowl or measuring cup with the sour cream. Mix together until well combined and smooth. Slowly add to the skillet, stirring constantly to keep lumps from forming. Cook over medium heat until thickened, about 3 minutes.
2. Gently stir dumplings into sauce, stirring to coat. Cook until dumplings are heated through, another 2 to 3 minutes. Serve.



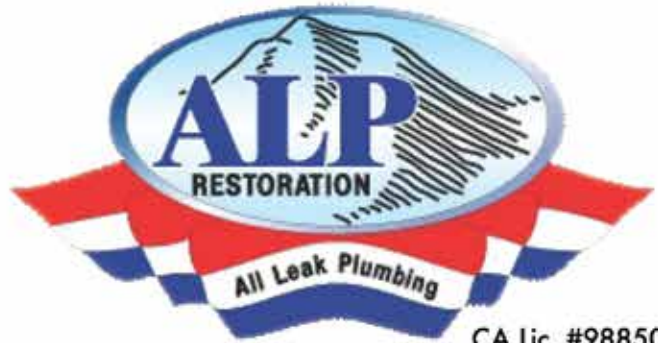
Noodles can also be used in place of dumplings as shown above

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CARS & COFFEE

The November Cars and Coffee meeting turned out to be one of our best. Because the Walk for the Animals event took place on the same day and time, we were relocated to a different area in The Lodge parking lot near the Ballroom. Both events were a huge success.

The October Wheels & Wings Car Show was held at the March Field Air Museum in Riverside. It was a great show with over 100 cars on display. I am happy to say that the Four Seasons Cars & Coffee had a great showing with Greg Messick and his 2021 Corvette C8, Rick Morales and his 1985 Corvette C4, and yours truly in my 1977 Corvette C3 (see photo above). All received second place awards for

our respective vehicle class.

The Four Seasons Veterans Day Car Show is Nov. 11, since this article is written prior to the show, I will report next month.

Cars & Coffee meets the first Saturday of each and every month at 9 am in The Lodge parking lot. Our next meeting is Dec. 2. Please join us for coffee and donuts and some great conversation with other car enthusiasts. For more information, please contact Frank Morales at (951) 203-4578. fmoralesjrinc@aol.com or Rick Morales at (951) 255-4710, onemth53@yahoo.com. ~ **Frank Morales**

TAILS & TRAILS - ALL PETS

Every year, we invite residents and their pets to join us for The Blessing of the Animals. This event is typically held in October outside the RCN. All types of pets are welcome. We take this opportunity to recognize just how important our pets are as members of our family and community, and just how much they are appreciated. This year the blessing was held on Oct. 21. We are always delightfully surprised at all the shapes and sizes of pets we attract. Equally surprising is how well all the pets behave and get along. Thank you to everyone who joined us this year with your wonderful, furry family members! ~ **Vivian Walker, vivr@sbcglobal.net**



Miss Daizy was on her best
behavior at the blessing



Claudia Rozzi brought three sweet dogs to the blessing



Little Tuxedo
waited
patiently for
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BIRDING CLUB

Shakespeare's Juliet said, "That which we call a rose, by any other name, would smell as sweet." Centuries later, the American Ornithological Society has decided that this is not entirely true. They plan to change the common English names of some birds to make sure the names are more descriptive. They also plan to replace those bird names that are derogatory and those that include names of people, since they can "detract from the focus, appreciation or consideration of the birds themselves." Of course, some birders object to the renaming. They say it will break the connection to important figures in the history of birding. Others applaud this change, saying that it is part of a broader push for a more welcoming and inclusive science. But most people hope that, after adjusting to the new names, it will make it more straightforward to identify birds. For example, a Wilson's Warbler, a songbird with a black cap, might become easier to spot if it were known as a "Black-capped Warbler."

At our monthly bird walk along Potrero Creek on Nov. 4, we saw



*Four Seasons Birding Club on Trail A.
Photograph by Gerrie Karczynski*

many birds, and only a few would be affected by such changes. The Nuttall's Woodpeckers might be simpler to identify if their new name told about their black and white stripes, and the Anna's Hummingbirds would be distinguishable from other hummingbirds if their name mentioned their reddish throats and green feathers. The Mountain Chickadees we saw, the crows, the Northern Flickers, the Towhees, and the song sparrows will keep their familiar names and faces. Of course, none of this makes the least bit of difference to the birds themselves, although it is just possible that the Lesser Goldfinches and Yellow-rumped Warblers might be happy to be given more regally impressive names, like those of the Ruby-crowned Kinglet or the White-crowned Sparrow!

Join the Birding Club to learn more about this topic as it evolves, and make sure to contact our leader, Gerrie Karczynski, at gerrie201516@gmail.com for more information about our regular bird walks and field trips. ~ *Kathy Hull*

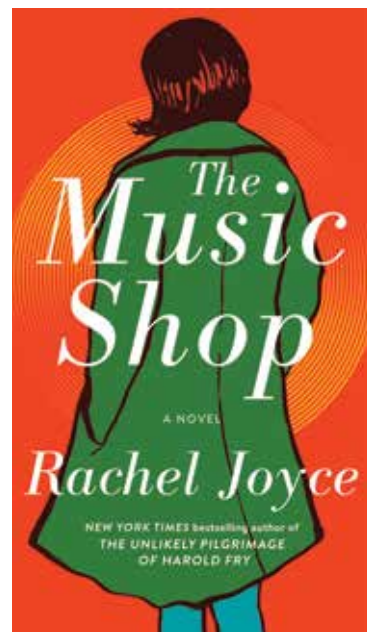
BOOK CLUB

Our Book Club selection for Dec. 12 is *The Music Shop* by Rachel Joyce. Here is a brief description from Amazon.com: "It is 1988. On a dead-end street in a run-down suburb there is a music shop that stands small and brightly lit, jam-packed with records of every kind. Like a beacon, the shop attracts the lonely, the sleepless, and the adrift; Frank, the shop's owner, has a way of connecting his customers with just the piece of music they need. Then, one day, into his shop comes a beautiful young woman, Ilse Brauchmann, who asks Frank to teach her about music. Terrified of real closeness, Frank feels compelled to turn and run, yet he is drawn to this strangely still, mysterious woman with eyes as black as vinyl. But Ilse is not what she seems, and Frank has old wounds that threaten to reopen, as well as a past it seems he will

never leave behind. Can a man who is so in tune with other people's needs be so incapable of connecting with the one person who might save him? The journey that these two quirky, wonderful characters make in order to overcome their emotional baggage speaks to the healing power of music — and love — in this poignant, ultimately joyful work of fiction."

Our meetings are held on the second Tuesday of each month at 9:30 am in the RCN, Room #3. All of our book selections are recommended by book club members. Someone volunteers to lead the discussion about the book we have chosen for the month.

For more information about the Four Seasons Book Club or to get your name on our mailing list, please contact me at michelesrosen@gmail.com. ~ *Micki Rosen*



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PERFORMING ARTS CLUB

Did you get your tickets already for the Holiday Show on Dec. 1, 2 and 3? If not, call the front desk and get on the waiting list. We always have no shows or unused tickets turned in at the last minute and we will probably be able to get you a seat.

Don't miss the free Handbell Choir Holiday Concert on Dec. 14 at 6 pm in the Ballroom. No ticket required.

Coming next spring is the musical comedy show *The Four Seasons of Menopause* which will include parts for men as well as women. The skits will have several lines to memorize as well as a song and movement. There will also be parts for non-singers as well as jobs for stage hands, sound and lighting.

Auditions are scheduled for Sunday, Jan. 7 at 2 pm in the Ballroom.



It would be preferred that you audition with anyone you would want to be in a skit with. For instance, if you want to be in a skit with three of your friends, make sure you come together and sign up together. More information will appear in the Activities Blast and next month's article.

So what are you waiting for! Maybe you sing, act, or are a behind-the-scenes person ... Come to a meeting and see what we are about. So many fun loving members to welcome you.

If you are not on our mailing list or for any questions, please contact Marianne Bugni, PAC Coordinator, at (920) 517-2739 or email lamarib77@gmail.com. ~ *Marianne Bugni*


HANDBELL CHOIR

What kind of bells do we have at Four Seasons?

Some kinds we eat, some we exercise with. But come hear the other kind at our Handbell Christmas Concert. Dec. 14 at 6 pm in The Lodge Ballroom. Donations always accepted and appreciated. ~ *Kathie Sundstrom*, (303) 903-6850, karhtyn.buck@comcast.net



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Reverend Scott Mason invites you on Christmas Eve at 5 pm to celebrate the birth of Jesus at the special candlelight ceremony and join us any Sunday morning at 8:30 am or 10 am at the oldest church in the Pass Area.

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LET'S DANCE!

"Let's Dance!" Social Dance Club will not meet in of December, as per our regular holiday schedule. For more information, please contact Brian Fusilier at (909) 215-2778 or Lisa Johnson at (714) 322-8877. See you on the dance floor! ~ *Lisa Johnson*

STEP IT UP LINE DANCE

Summer is over and people are getting back to their normal routine and dance class is part of that routine. We've been learning new dances and expanding our brains. Not only does dancing give us steps and exercise but it keeps our minds sharp. As we retire, it's easy to lose our ambition to learn new things along with getting physical activity and we become stagnant; keeping active really helps the aging process. Come check out what we're all about.

Our holiday party is Jan. 27 as there are so many parties in

December. This gives us something to look forward to in January. There will be more info to follow in January's article so mark your calendar now. It's always a great time.

I have two classes on Mondays — one at 1 pm for basic beginners and the second at 2 pm for improvers. I repeat the same curriculum on Wednesdays at "Wet and Wild Wednesdays" at 6:30 pm. Join us and see all the fun we have. For info, please contact Janine Rohrbacker at (949) 326-3133. ~ *Janine rohrbacker, etgrad76@icloud.com*

COUNTRY LINE DANCING

I wanted to say an official goodbye to all my line dancing friends. I have met and taught line dancing to many in this community during the past thirteen years. It has been my joy and privilege to teach you to dance to country music. Thank you all for a taking my classes and taking the time to enjoy a foot stomping good time dancing. I will miss seeing you each week, but leave knowing you are in good hands

with other instructors.

No, I'm not moving from Four Seasons, but moving on to other projects and interests. So, you will still see me around the community involved in other things.

Keep on dancing! ~ *Martha Franck*

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JEWISH CULTURE CLUB

The Jewish Cultural Club presents our Hanukkah gift to you ... this year's Hanukkah party and show: "Two Jewish Dads and their Daughters" music and comedy and a no-cost dessert reception.

The JCC presents a Hanukkah celebration in the Ballroom on Dec. 10 at 5 pm. The evening includes the comedy and music of "Two Jewish Dads and their Daughters." Featuring Perry Goldstein, Zev Brooks, and their daughters Aria Goldstein and Jaq Brooks, with the live music of Orange Jews, and special guests Brad Malinowski, Jeff Stein, and Cindy Graves.

In addition to the show, the audience will be treated to the sweet

tastes of Hanukkah with a dessert reception. And, of course, the traditional Hora Circle dance, all at no cost. Pick up your free tickets at The Lodge front desk to reserve your seats.

The evening is guaranteed to entertain. Celebrate Hanukkah and light the Hanukkah candles with us.

Questions? Contact Perry at perry.goldstein@gmail.com. ~ **Perry Goldstein**

KARAOKE

We had a great month of October with our annual night of Scaryoke! There were some great costumes and people were in the mood to party and share their favorite Halloween songs. Elvis Bill won first place with his crazy Monster Mash outfit, Peggy Kennedy looked great as Snow White and Tom the train guy had on a freaky mask costume. Karaoke is

held on the first Tuesday and third Saturday of each month starting at 5:30 pm so come out and order dinner and enjoy the show. Stay tuned for more information regarding our December theme of Jammyoke. You get to wear your Christmas PJs to karaoke. ~ **Dave Rohrbaker, Dave.Rohrbaker@icloud.com**



My little country pumpkin Janine singing Twilight Zone



Little Red Riding Hood and the gang!



More costumes with Peggy Kennedy the 2nd place winner

FOUR SEASONS SINGERS

We were so happy to be able to perform for you again at the Holiday Show. We hope you liked our performance and sing-a-long. Later this month we will be singing at The Lakes and The Lakes Memory Care. These performances are always so heart warming for us to do.

If you would like to join the Singers, would like to be included in my email list, or if you have questions about the Four Seasons Singers, call (951) 797-3466 or email me at bawasco@dc.rr.com. We meet at 3:15 pm in The Lodge Ballroom. ~ **Barbara Wasco**



AFRICAN AMERICAN CULTURAL CLUB

December is the month for many celebrations including Hanukkah, Christmas, Kwanza, and New Year's Eve. The AACC will celebrate Christmas by hosting our annual Christmas Gala on Saturday, Dec. 9. Our Gala will include dinner, dancing, and entertainment. This is our elegant affair for the year.

In January, the AACC acknowledged and celebrated the birthday and the accomplishments of Dr. Martin Luther King, Jr. through community participation, books, videos, and recognizing him as the most prominent leader of civil rights.

In February, the AACC celebrated Black History Month through Black films, showing a combination of classic and newly released films. This was followed by discussions about the films relevance. We also celebrated this Black History Month with a Fish Fry which was supported overwhelmingly by the community.

In May, the AACC hosted a fundraiser supported by the Four Seasons community. The event raised funds to support the International Shimmy Mob. The annual "flash mob" event creates awareness of emotional abuse and domestic violence committed on women and men.

In June, we celebrated Freedom Day by hosting our annual Juneteenth celebration. This year's celebration was hosted in collaboration with Solera community. The celebration included a

delicious catered, traditional Juneteenth meal, R&B music, games, and socializing.

In August, the AACC sponsored a community bus trip to the Pageant of the Masters in Laguna Beach. The trip was enjoyed by all.

In October, we danced the night away as we hosted Jazz Under the Stars. This was another crowd-pleasing performance celebrated with jazz, R&B, and soul music. This was our way giving back to the community for their support throughout the year. Special thank you to the HOA & Bistro staff for supporting the event.

Lastly! The AACC will introduce the new Board for January 2024. A special thank you to the previous Board members: Wanda Valentine, Shairon Nevills, Greta Shelton, Thelma Towner, Grace Hollis, Betty Ann James, Martha Benoff, and Johnetta Driscoll, for their leadership and commitment over the past two years.

The AACC Club meets on the first Monday of the month at 6 pm in The Lodge Game Room. All are invited to attend and learn more about African American culture. Our next meeting is Monday, Jan. 8, 2024. For questions, contact AACC President, Wanda Valentine, at (951) 544-1606.

"Hate — it has caused a lot of problems in this world, but it has not solved one yet." ~ Maya Angelou

~ *Shairon Nevills*

ITALIAN AMERICAN CLUB

Last month, our club members competed indoors with a form of corn hole. In this particular game, called "Baseball," the holes were singles, doubles, triples, or home runs. Each competitor had three bean bags, and if none of the bags went into one of the designated holes, you were out! Yes, each miss was a strike until three misses equaled three strikes, and you were out.

Barbara Dipoma split the teams up with the men against the women which ended with the men winning in a close game. It was fun throwing the bags and a lot of cheering went on for the teams. Hopefully, we will get to play Corn Hole Baseball again in the near future. Thanks to Barbara and her Steering Committee for choosing this game for our club night.

This month's club meeting will be Dec. 14 at 5:30 pm at The Courts. We will be having our catered holiday dinner and gift exchange. Barbara will send out an email to all our members with the information about the holiday dinner.

If you have any ideas for a program for our club please contact Barbara Dipoma. The Steering Committee is always looking for suggestions for our club events. New ideas are always welcome.

The Italian American Club is open to all residents of Four Seasons. You do not have to be Italian to join our group or come to our meetings. We would love to have you come visit with us.

To all our members and everyone at Four Seasons, we wish you a happy and safe holiday season.

Non Vedo L Ori Di Vederti Presto (Looking forward to seeing you soon). ~ **Barbara Dipoma, (805) 377-2616, and Jerry Monahan, (951) 212-8898**

FS VETERANS PARK

Veterans and residents who support veterans activities here at Four Seasons need to participate in the monthly meetings of our club. We are now official and registered with the IRS. Our first priority is to replace the memorial painted rocks in the Veterans Park with tiles honoring our veterans with their names and branch of service. In order to do this, we need participation. While the rock piles that were painted for the opening of the park with donated labor from the HOA, the replacement memorial will require time and funding from our veterans.

Our concept is for 4"x4" tiles laid flat below the bench area. Each tile will be paid for by the veteran or a veteran's supporter at a cost of \$25. We will need at least 40 tiles to begin this memorial. As of Oct. 31, we have nine members enrolled. The area will be expandable so veterans' tiles can be added annually as needed. The HOA painted over 100 rocks which will be removed as the new memorial is developed.

Our next meeting will be on Pearl Harbor Day, Dec. 7 at 10 am in The Lodge. This will be our November and December meeting due to the holidays. ~ **Len Tavernetti, ltavernetti@hotmail.com**



CLASSIC FILM GROUP

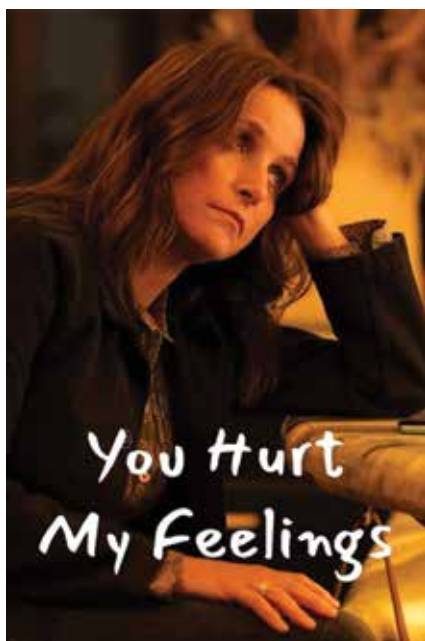
We are hosting a Yule time comedy on Dec. 26 and Jan. 2 in The Lodge Theater at 6 pm.

It's Christmas time and the Griswolds are preparing for a family seasonal celebration, but things never run smoothly for Clark, his wife Ellen, and their two kids. Clark's continual bad luck is worsened by his obnoxious family guests, but he manages to keep going knowing that his Christmas bonus is due soon.

Don't miss the Wednesday Matinee Western on Tuesday, Dec. 13 at 2 pm in The Lodge Theater. It's Christmas with John Wayne in the *3 Godfathers* directed by John Ford, first Christmas western. It's all about "a cowboy promise." ~ **Paul Plamondon**, 4seasonsmoviegroup@gmail.com



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COUNTER CULTURE CINEMA CLUB

We have screenings on the second Sunday of each month. We screen films you won't find at the big cineplexes: documentaries, indie films, foreign films, and other little gems that don't get wide release.

Our screening for this month, on Sunday, Dec. 10 at 6 pm, is *You Hurt My Feelings* (USA 2023, 1 hr. 33 min., English). Here is a brief description from IMDb.com: "A novelist's longstanding marriage is suddenly upended when she overhears her husband giving his honest reaction to her latest book."

All of our screenings are followed by lively discussion about the film; we'd love to have you join us. The Lodge Theater has very limited seating, so if you're interested in our screenings, come early; we hope to see you there. Please note that all films announced are subject to availability. If you have any questions about the Counter Culture Cinema Club or want to recommend a film, please email Micki Rosen at michelesrosen@gmail.com. ~ **Micki Rosen**

TASTE D'VINE

It's that time of year where we start celebrating the holidays.

What better way to start than with the Taste d'Vine Holiday Party. The celebration is scheduled for Thursday, Dec. 21. The event will be catered by Anne Taylor with music by DysFUNKsion Band. The Steering Committee has been busy little elves ensuring that this Holiday Party will be enjoyable.

Our Steering Committee members have persevered this past year. They are all invaluable members of our wine club and I want to thank them for all their hard work and dedication throughout this year.

I look forward to another successful year as president of Taste d'Vine Wine Club.

Happy Holidays. ~ **Gino Domico**, gdomico@gmail.com



CLASSICAL MUSIC CLUB

We are classical music lovers with an interest in sharing our love of, knowledge about, and interest in classical music. We meet on the second Thursday of each month at 7 pm in The Lodge Theater. We listen to and watch musical selections on the big screen. Each month we focus on a particular work or several selections of one composer. We also discuss current musical performances in the area. We welcome new members. Contact Steve Benoff at steve.benoff@verizon.net or (310) 413-4896. ~ **Steve Benoff**

CROWN DIVAS RED HATS

Our October event is my favorite: Witches! We trade our traditional red hats and purple clothing for witches' attire: long black flowing dresses and capes, lace shawls and gloves, black or striped leggings, beaded or shiny medal necklaces, earrings, and bracelets. A variety of hats were worn by the Divas. Some were pointy or slightly crooked black hats. Others were wide brimmed with veils, flowers, feathers, ribbons, or ornaments. Some were small with embroidery. They all told a story. Some of the Divas took pictures while on their brooms or on the witches' royal chair while others took a picture holding their favorite goblet.

We enjoyed a delightful lunch of lasagna, pizza, salad, and bread. We had different types of cake for dessert. After our lunch, we played a few games.

Baskets were raffled and we sang happy birthday to four of the Divas.

The much anticipated "witches dance" was led by Joyce-Cabernet Contessa. This was one of the highlights of the event because along with music there were specific dance steps. There was much good humor and fun as the Divas learned the dance steps. Who knew we had so much talent within our group? We had 35 lovely ladies dressed as witches. It just goes to show that no matter what age a girl is she will have the best time playing dress up with other girls. The energy, camaraderie, laughter, compliments, friendliness, and just plain fun are always doubled when we take part in the "Witches" event. ~ Irma Romero (Sugar Mama), Irmasromero@gmail.com





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“BELIEVE ...” WOMEN’S BIBLE STUDY

After completing our study of Acts in the New Testament, we are now studying First and Second Peter which rounds out our written opportunity to glimpse what amazing leaders the early church was blessed with as they established doctrine and converted many to the gospel of Jesus Christ. Peter, who Christ called the “Rock,” was the leader at the church’s beginnings, and was responsible for making sure that sound doctrine was being taught to the newest members. The Apostle Paul wrote 13 of the 27 books in the New Testament. These early church leaders encountered many trials, obstacles and barriers to their goals, yet they were endowed with many blessings to heal, perform miracles, as well as physical and spiritual strength to overcome any difficulty they experienced. We are so blessed to be able to read about all their accomplishments today, in 2023!

As we end the year, on Dec. 15 we will have another sharing time with

six ladies who have volunteered to share a memorable experience they had at Christmastime. This is followed by our annual Christmas party, complete with a potluck contributed by all of our amazing cooks, a gift exchange, a quiz (with prizes!), and other surprises. Please note that we will be dark Dec. 22 and 29 as we celebrate the Christmas holiday with family and friends.

On Jan. 5, 2024, we will begin a new series, studying the Books of Ezra, Nehemiah, and Esther in the Old Testament. This would be a good time for any of you beautiful Four Seasons women out there to come and join us. This is a non-denominational study, and any version of the Bible is acceptable. C’mon over to The Lodge Game Room any Friday from 10:30 to 11:45 am and enjoy the company of all these remarkable women of God! Hope to see you in 2024! ~ *Eileen Gilbert-Antoine, (951) 922-6829 or egcellent@msn.com*

LIFE AFTER LOSS

This month I want to discuss resiliency. Being resilient means being able to adapt to difficult situations. Think back on your adult life. We have all experienced difficult times that we never thought we could get through. Yet we do. Sometimes we get through them better than we thought and other times not as much.

The loss of a loved one may be one of the most challenging events we have to get through. We need to grieve for our loved one and then very slowly we begin to accept this new life. We become resilient. It is not that we forget but rather come to an understanding that we cannot change what happened and so we press on doing the things we need to do.

It may sound like it just happens one day but that is not the case. It is a roller-coaster ride, where some days are better than others.

The holidays tax our resiliency. We want to celebrate with our loved one(s) who have passed and want to have what is now missing in our lives. We need to do what feels right for us and not necessarily what others want us to do. Celebrate with others if you want or have a quiet celebration. Take care of you. That will help with the healing process.

The Life After Loss Group meets on the first and third Mondays of

the month from 1 to 3 pm in RCN Room #3. We are a caring group of people who have also experienced loss. It’s a place to come to realize you do not have to go through this journey alone. For more information, please reach out to Byron Thomsen at (909) 936-7097 or mail him at byron.thomsen@yahoo.com. All contact is confidential. ~ *Becky Kotzin-Gustafson*

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MIXED MEDIA ARTS

This is the perspective of the artist of the month, Diane Gray. "This painting is an homage to my family. This scene took place 78 years ago. My grandpa owned a fruit orchard in Cherry Valley and it was a family affair when it came time to pack up the fruit to bring to market. It's sad that family orchards have all but disappeared from our area. I wanted to preserve in a painting, a little of the magic I experienced as a child, playing in the orchard under dappled sunlight and fruit laden trees.

"This class is great! Rob Kelman is always encouraging us to paint and/or draw because we learn so much with each one. This is a wonderful class to learn how to express your creativity. Whether you're experienced or a novice, this class is for you."

Classes are Mondays from 10 am to 12 pm and/or Wednesdays from 6 to 8 pm. There is a nominal \$5 fee per person, per session. If you have any questions, call Rob Kelman at (951) 992-9156. ~ *Rob Kelman*



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TRAVEL GROUP

Exploring the World Together

In October, our meeting buzzed with excitement as 70+ members gathered. Greg Baxter dazzled us with insights on river cruises, and Jeff Geston shared his ocean cruise expertise. November was equally thrilling with three fantastic trips: exploring wind farms, indulging in L.A.'s Farmers Market, and visiting the Grove. December's meeting takes a pause, letting the holiday spirit take over. Enjoy the festivities

with loved ones. We're back in January with more thrilling journeys and some great day trips.

To join the Travel Group or change membership info contact Irene at irenewelker55@gmail.com, for all other questions or information call Joni at (661) 390-5512 or email me at jonitruelsen@yahoo.com.

Wishing you a joyous holiday season! Stay safe and see you next year. ~ **Joni Truelsen** jonitruelsen@yahoo.com

COMMUNITY GARDEN CLUB

Park West will be taking a detour from their usual garden-themed holiday event on Wednesday, Dec. 6 from 10:30 am to 12:30 pm. Their event will be covering beautiful ways to entertain with trendy "Butter-boards." Everyone will go home with their own little cutting board and the recipes for the butter boards. (You can be creative with your winter vegetables on a butter board.)

The Garden Club is back on Saturday, Jan. 13 at 10 am in the RCN for our next free speaker event: Gardening and Critical Benefits to

Your Well-Being and Health. The physical benefits have been well documented, but researchers are spotlighting the ways that gardening supports our mental well-being. These benefits are of value to all of us, especially as we age, whether we physically work in our gardens or just enjoy our natural surroundings. In addition, we will discuss gardening for our area during the winter months. In the meantime, enjoy the holidays!

For info, email pwayne1@outlook.com. ~ **Pat Wayne**

RAINBOW GROUP

We continue to organize a fund-raising activity for The Trevor Project for January 2024. This nonprofit organization provides suicide prevention and crisis intervention services for LGBTQ young people. We encourage you to visit their website at <https://www.thetrevorproject.org/> and also to view the film, Trevor (<https://www.youtube.com/watch?v=1geRc8LaZfs>), which won the Academy Award in 1995 for Best Live Action Short Film and served as the basis for the creation of The Trevor Project.

This month our selection for the Famous LGBTQ Americans series is Admiral Rachel L. Levine, a transgender woman, nominated by President Joe Biden and confirmed by the U.S. Senate in 2021 as the 17th Assistant Secretary for Health for the U.S. Department of Health and Human Services. Levine is also the head of the U.S. Public Health Service Commissioned Corps, one of the eight uniformed services. Its mission is to "protect, promote, and advance the health and safety of our nation" by responding to public health crises, national emergencies and international crises.

Levine was born in 1957 and assigned male at birth. She was raised in Massachusetts. She graduated from Harvard College and Tulane University School of Medicine. Trained in pediatrics and adolescent medicine at Mt. Sinai Medical Center in New York City, she focused on treating the mental and physical health of children, adolescents, and young adults. She was also a Professor of Pediatrics and Psychiatry at the Pennsylvania State College of Medicine.

During her 40s, Levine addressed her gender identity and began experimenting with her gender expression. By 2011, at the age of 54, she had fully transitioned. Subsequently, at Penn State Hershey Medical Center, she helped to develop what became known as the



"Levine Policy" that defined gender identity and expression as protected categories in the institution's non-discrimination policies.

In 2018, she was named Pennsylvania's Secretary of Health. She focused on Pennsylvania's opioid crisis, maternal health, and immunization rates among children. She issued an order regarding the anti-overdose drug, Naloxone, estimated to have saved thousands of lives by allowing police to carry the drug and Pennsylvanians to buy it without a doctor's prescription. In her present capacity as the 17th Assistant Secretary for Health, Admiral Levine is the highest-ranking openly transgender government official in the history of the United States.

For a longer bio of Admiral Levine, go to the Rainbow Group's Facebook page or request a copy by emailing us at rainbowgroup@myyahoo.com. ~ **Dan Hazeltine and Frank Galvan**



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The Solos outside the Orpheum Theatre in the Historic Broadway Theatre District



One of the lighted displays at the Imaginarium



The Solos visited the Imaginarium Light Festival

SEASONED SOLOS

The Solos were pretty active in October and early November. Some of the outings we enjoyed included a visit to our local 2nd Street Cinema to see the latest Leonardo DiCaprio film, breakfast, lunch, and dinner at Caroline's Cafe, Lazy Dog, and Hickory Ranch. We also experienced the Imaginarium Light Festival and took a walking tour

of the Historic Broadway Theatre District in downtown Los Angeles. If you're single and would like to join us for outings like these, we meet on the first Friday of the month in The Lodge Arts & Crafts Room at 6 pm. For more information, please contact Phyllis Noreika at (310) 739-5256. ~ *Phyllis Noreika*

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PHOTOGRAPHY CLUB

Our members have many levels of photography experience. Our goal is to make photography fun and easy for everyone. The benefit of a photo club is sharing our experiences. Are there questions you'd like answered? Would you like one-on-one instruction—camera usage, photo techniques, post-processing? If someone in the Club doesn't have an answer, let's find out together.

Our key topic at the November meeting was panning. What is panning? It is a technique of following a moving subject to create motion in the photo. To practice this technique, we are photographing moving trains.

In addition, we discussed photo outings — what and where would you like to shoot? We have some suggestions but would like to hear from you. Another topic will be what photo subjects you want to

discuss during our monthly in-person meetings.


As noted last month, the Club changed the Zoom Photoshop classes. The presentation is now a "Let's Talk Photoshop" agenda. It will be a Q&A format. Ask a Photoshop question, and we'll talk about the answer. See you on the second Thursday of the month.

Our next in-person meeting is Thursday, Dec. 7 at 6:30 pm in the RCN Main Room. It will be great to see everyone.

This month, we feature two very different photographs. One is a tiny seed pod magnified and shot in black and white. The second is a colorful train using panning to give a sense of speed.

If you have yet to receive our emails, contact Jacque at jacquesneddon@gmail.com. She will be happy to add you to the mailing list. ~ John Baeyertz - johnbz1453@gmail.com

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QUILTING ENTHUSIASTS

Quilting Enthusiasts, it's almost the end of the year. Where has 2023 gone? It seems like yesterday that spring time was finally starting to bloom. Then summer came along and found me heading to Colorado to visit family, friends, and watch my granddaughter graduate from Colorado College. Again, it seemed like yesterday that she graduated from high school. Where has the time gone?

In June, I was off to Florida to see my son and his family. Now it's the beginning of November with Thanksgiving just around the corner and Christmas is even closer than I remember it being in the past. I quilted some quilt tops, made a few art quilts, helped teach a four fabric portrait class in Vista California and Kelowna British Columbia, and am looking to go back to Vista to teach again. Life hasn't slowed down for me or the other Quilting Enthusiasts. Unfortunately, I was unable to attend the November meeting as I was in Italy for a week.

Our ladies were asked by the Cars & Coffee Club to make and donate a quilt for the Veterans Day show on Nov. 11. Two of our ladies, Jeri Sorensen and Carolyn Young, stepped up and made a beautiful quilt. Carolyn made another quilt featuring a U.S. Navy theme. Pictures will be included in the January issue. A special thank you to Jeri and Carolyn for their time and beautiful work.

Speaking of the quilt enthusiasts, we have two announcements:

First, our meeting day is still the second Thursday of each month but we will be meeting in the Game Room. Second, the time of our meeting has changed to 10 am due to several other conflicts.

Are you wondering why? It's holiday time at Four Seasons and our regular room gets used as a "staging" area for all the festivities that are planned for the fall, beginning with Halloween through New

Years. Yes, we were ousted from our meeting area. Fear not, come February or March, we will return to Arts & Crafts Room 2 and our usual time of 1 pm. Please, please, please, mark your calendars for the new times and location.

Speaking, oops, I mean writing about next year, we do have some exciting things planned. The third Four Seasons Quilt Show will be happening. Watch here in the *Breeze* or on the monitors for details with dates and times.

Merry Christmas and a very Happy New Year for 2024 from the Four Seasons Quilting Enthusiast.

Piece through quilting. ~ **Mary M. Moody-Cox, (808) 430-7469**



A baby quilt made by one of our members for her new grandchild

KNIT & CROCHET GROUP

We meet Tuesdays from 10 until 11:30 am in the Arts & Crafts Room. We welcome all levels of knitters and crocheters to join us. We also welcome anyone interested in learning how to knit or crochet. Please email me if you have any questions. ~ **Marlene Doyle, marlened3333@gmail.com**

CRAFT GROUP

We create new and fun projects. Come, visit, or join our group. If you feel you are not crafty, we'll help you! We meet on Thursdays at 10 am in The Lodge Arts & Crafts Room. For more information, contact me at christimason02@yahoo.com or (951) 486-1091. ~ **Christi Mason**

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CRAFTY CARDMAKERS

The group meets once this month on Dec. 8. We will make three cards and the cost is \$10. You only need to bring scissors and glue and you will leave with cards that are ready to mail.

We have a wonderful group of participants and would love to have you at our next class. If you would like to be part of the group, call or email me with your name, phone number and email address to be put on our monthly emails.

If you plan to come to class, please RSVP by the Tuesday before the class so we will have enough kits for everyone!

For info, email Patty Grana at granamemories@roadrunner.com or cal (626) 862-2652. ~ *Marylalice Chorba*, chorbaparadise@yahoo.com



CERAMICS CLASS

Wow ... Christmas is almost here? Do you need a few last-minute gifts for family and friends? Step into our ceramic class to buy a piece for a gift with a card and invitation to our Wednesday classes. Time is 1 to 4 pm. We can introduce the recipient to paint their own choice of color and style. This would be a unique gift. We have a great support team of "elves" to help make something beautiful. Our Ceramics Class is fun to try out anytime. The photos show many pieces started and some finished. Happiest of holidays to you and your family. We hope to see you soon. For more information, please reach out to Loretta Ramsey at (714) 803-6744. ~ *Karen Reed*, (707) 567-1144



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WATER VOLLEYBALL CLUB

Happy December to the residents of Four Seasons Beaumont from your Water Volleyball Club! We are now well into our winter season of indoor play at The Summit, meeting every Tuesday and Thursday from 10 am to 12 pm, and on Saturdays from 1 to 3 pm.

Several important undertakings were completed last month. We held our annual membership drive, as well as the renewal of dues for existing members. We also conducted an election to choose officers to represent the club and confirmed the following officers:

President: Craig Korotko

Vice President: Vicki Manderino

Secretary: Michael MacQueen

These officer positions will formally start Jan. 1, 2024.

Dec. 10 marks the date of our annual holiday gala event. We will be enjoying a delicious prime rib dinner, music and dancing in the RCN from 5 to 8:30 pm. Tickets are still available (\$30 for club members and \$40 for guests) so don't miss out on the fun!

If you are looking for a club where you can enjoy low impact exercise with lots of fun

and laughs, come check us out. And bring your guests along. We welcome players of all ages, heights and skill levels. The indoor game tends to be a bit easier for most people since the ball is softer and the pool shallower. Everyone is welcome to join us! For more information, contact Craig Korotko at korotko@msn.com. ~ **Craig Korotko**



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LAWN CHAIR VOLLEYBALL

The mission of the Four Seasons Beaumont Lawn Chair Volleyball Club is to offer the residents of our community an opportunity to participate in a friendly and fun sporting competition. We organize semimonthly (every other Thursday) volleyball games on The Lodge lawn area between the pickleball and paddle tennis courts. All you need to play the sport of lawn chair volleyball is a sturdy lawn chair. Our club only has two rules; you can't get out of your chair during

play and you MUST have fun!

During the winter season, we play in the late afternoon from about 3:30 pm until sunset (weather permitting). If you're looking for a club where you can partake in a bit of friendly competition with very little physical exertion, come check us out. And bring your guests along. Everyone is welcome to join in the fun! For more information, contact Dave at dave.rohrbacker@icloud.com. ~ **Dave Rohrbacker**



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Kelly Vucinic and LynnRae Dupree busy winning medals at Pickleboo! in Yucaipa



Our own Tony Greicius, Sun Laker Rick Romero, Yana Whittinghill, and David Martin play well into the wee hours across the Highland border



Nothing like a crisp fall day to get your pickle going

PICKLEBALL

Well, by the time the ink dries on this holiday issue of the *Breeze* and it rests snugly in everyone's newly-snuggable mailboxes, the happy People of the Pickle will have long since broken out last year's leggings and stocked up on chapstick. Beaumont will play its part; ushering in the snap of winter's chill born on the high slopes of our neighboring saints Jacinto and Gorgonio.

Time to touch base with what we call the "rest of the world," i.e., those who either haven't played yet, are too busy to have this much fun, or have decided their knees are made of thinly spread peanut brittle and they just can't risk anything more strenuous than a rousing game of bunco. How are you all?

We've had a truly wonderful and raucously-fun year (and sincerely hope all of you have too). Our stalwart and infinitely competent tournament matrix-minder Kelly Vucinic put together fantastic contests in March, May, September, and November, while our endlessly ebullient Maggie Domico and the rest of the preeminent steering committee threw a Summer Splash BBQ and Winter Wing-Ding to beat the band. Good thing we don't have to breathalyze to get home! Our members have proudly represented the Four Seasons campus in outside-world games in exotic-sounding places like San Diego, Temecula, Hemet, Fallbrook, and even the wilds of Yucaipa. Between parties and tournaments and all the running around we do, who's got time for New Year's resolutions? (Just kidding. More dinking in '24.)

To wit and vis-à-vis said soft game, we'd like to thank you, our

neighbors, for putting up with our noise and zealotry for this game we so love. While we're sure it gets a little annoying being around people with such a positive outlook on life — kinda like hangin' out with Haley Mills as Pollyanna while maybe you're feeling a little more like Karl Malden on the Streets of San Fran — we really just want you all to live your best life. Thanks for waving nervously at us as we make our way through The Lodge with near-permanent smiles plastered on our faces, smelling of bug spray and sunscreen. We love you all, and hope to see you out on the pickleball courts soon. To all our neighbors and friends, Merry Christmas, Happy New Year, Happy Hanukkah, Blessed Kwanzaa, and joyous holiday season! ~
Julie McGrath



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TABLE TENNIS

Although playing ping pong is what we do and enjoy the most, we often take out time for special occasions like the two pictured below.



On Oct. 31, we celebrated Cathy's last day with us. Cathy spent several years as an HOA desk attendant. She often spent her days at the Courts and was the most friendly, cooperative, helpful, and pleasant person we could have asked for. She attended to every ping pong need we had. Cathy (seen in the middle of the above photo) in her airline stewardess uniform (that was her former occupation), will now spend her retirement days flying around the world as part of her retirement perks from American Airlines.



We took some more time off from playing ping pong on Oct. 28 to help celebrate one of our player's birthdays. Mitch Harmon, seen above in the red and black jacket, has been playing ping pong with us for about 10 years now. If we ever choose a team mascot, Mitch will be it. He is loved by everyone, except when we are at the receiving end of his awesome serves and lightning fast smashes. Mitch keeps us laughing and happy all the time. His laugh is contagious. Spend 10 minutes talking with Mitch and you will never forget him. He is the most memorable character in ping pong at Four Seasons. ~ **Niles Sundstrom**

PADDLE TENNIS



Did you see a flood of folks wearing Pink on Oct. 26? The month of October was Support Breast Cancer month. Our group gathered to support this cause and played in honor of our mothers, daughters, sisters, aunts, nieces, cousins, wives, friends, and brothers who we have lost to breast cancer. We also honored those we love who are in remission and those currently in treatment. Our player, Dr. Tim Jones, provided us with breast cancer awareness hats, pins, socks, and bracelets — all in support of breast cancer



awareness. He reminds us that early detection is a key to survival. Thank you, Dr. Jones.

With the cooler weather, you might find us playing around 2 pm. We welcome new players at any time. Just email Lizzie and we can set you up with a paddle and some practice. Welcome to our newest player, Eddie. Eddie also plays Tennis and Pickleball. No reservations are required to play on the Paddle courts. We have extra paddles and balls for you to try out. You'll find most players there on M/W/F and some Sat/Sun. We'd love to have you join us. See you on the courts. ~ **Lizzie Gallegos, ecgallegos@outlook.com**



BOCCE BALL

Winter is here as the weather cools off we'll try to play on. Thanks everyone for making our annual BBQ with the Shuffleboard Group a success. We had fun playing some games then gathering for burgers and hot dogs.

We play at The Summit on Tuesday and Friday at 9 am. If you are interested in learning the game, please join us. All are welcome. Any questions, please call or text me at (840) 234-6494 or email hanknegrete16@yahoo.com. ~ **Hank Negrete**



TENNIS CLUB



For those of us who love playing tennis, it is such a nice feeling we can still be out there enjoying the sport in our golden years. I, for one, certainly feel blessed to be able to do that. While having fun on the tennis court, please don't forget one really important thing – SAFETY!

1. Stretch – Always stretch before playing. Stretching will help prevent unnecessary injuries to the joints and muscles.

2. Hydrate – Keep hydrating during play, especially on a hot day. Drink plenty of water in between games, even if you don't feel thirsty.

3. Sunscreen – Apply ample sunscreen, especially on a sunny day. Even on a cloudy day, the sun's UV rays can pierce through the clouds without you realizing it.

4. Backing Up – This one may seem innocuous, but it is extremely important to remember. If your opponent hits a lob over your head which will land behind you, do not back up and try to get to the ball.

Instead, retreat by stepping sideways while watching where the ball is going to land. Backing up is very dangerous as the heel of your shoes could get caught on the rough surface of the court, causing you to fall backwards and hitting your head on the hard surface. Such a fall could result in severe injury to the head, or worse still, be fatal. This happened to one of our tennis friends right here in Four Seasons a couple of years ago. He never came out of the hospital! So, PLEASE, PLEASE, PLEASE, keep this in mind.

So, let's be smart and be safe out there. We may still have another 15 to 20 years left to play some good tennis.

Beat you all to The Courts!

Website: <https://sites.google.com/view/tennis-fourseasons/home>.
~ Stan Lam, (714) 757-2141, slamcpa@gmail.com

SPIN 'N SLAM TABLE TENNIS CLUB

For any of my fellow Four Seasons residents who may be concerned about diminishing interest or participation in your respective Club or group, the remedy is very simple: Announce that you will be serving chocolate cake, vanilla ice cream, and other goodies at your next event!

That is exactly what the Four Seasons Table Tennis Club did to celebrate the birthday of our fellow ping ponger, Mitch Harmon, a few weeks back, and guess what: The Courts Room was packed (see photo below). Folks who haven't seen each other in months walked through the door, along with some who never played ping pong in their lives and brought their pets (well, that may be an exaggeration, but you get the gist).

While enjoying this incredible sugar-high, we played very aggressive ping pong in both

singles and doubles at all three tables, while chowing down on more calories that exist in anybody's kitchen pantry. The good news is that a great time was had by all. The bad news is that what followed was a sudden spike in attendance at the next meeting of the local chapter of Weight Watchers! I am sure they appreciated all the new faces.

The Spin 'n Slam Table Tennis Club was formed to attract any and all Four Seasons residents who love the game of ping pong, take the game and its rules seriously, and enjoy competitive play. Our group meets on Tuesdays, Thursdays, and Saturdays at around 10:30 am. See you at The Courts. ~ Bob Rubenstein, brube88@gmail.com



Four Seasons Table Tennis chow hounds. The ping pong balls remained uneaten

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HORSESHOES

Thought I'd catch the last article for 2023 to give you a report on the results of our last tournament. We always have a two-day tournament: singles on one day and doubles on the second day. The winner of our singles tournament was Dave Thomason in first place. Ron Erickson took second. For our doubles tournament, Ron Erickson and Randy Kosacker placed first and Dave Thomason and John Hyland placed second. See photos at right.

So that kinda wraps things up for 2023; we've had a great year. Some new members came in and some old members moved away ... and so it goes. We're always here and we play on Wednesday



Singles tournament winners: Dave Thomason in first, and Ron Erickson, second



First place Doubles tournament winners Ron Erickson and Randy Rosacker



Second place Doubles tournament winners John Hyland and Dave Thomason

mornings at 8 am in the summer and 9 am in the winter at The Summit. Everyone is welcome to come out and join us next year. Your enjoyment is guaranteed.

Our contacts are Ron Erickson at (951) 846-3288, rejlerickson@sbcglobal.net or Gary Christi at (951) 522-5161, goldtoy@earthlink.net. ~ **Ron Erickson**

BEAUMONT BAGGER CORNHOLE GROUP

The Beaumont Bagger Cornhole Group has had a fun-filled season. Thank you to all of our participants through the year. Our members are what make this game fun and different every week.

We will be "off season" from Dec. 1 through April 1. Stay tuned

to the *Breeze* for our start up in the spring. We are hoping to pick up right where we left off with rookies joining our loyal members. We welcome all participants and spectators. Hope to see you in the spring! ~ **Pat Barry**

FISHING CLUB

The trout fishing season starts in December; hopefully we will be doing a great deal of fishing this month.

I thought I would write about a thing I call fishing luck. Here is a story that will explain what fishing luck is all about.

A couple of years ago I went fishing with a friend and his two sons. We were fishing in a lake in the Coachella Valley and were trying to catch record catfish. I threw my line in the water and put my rod down to go and get a cold one from my ice chest. When I turned around I saw my rod and reel flying into the lake. A giant catfish pulled my rod and reel into the lake and it was long gone.

My first thought was that I had missed catching a record fish. My next thought was that I was done fishing

for the day. Taught me a lesson to always bring more than one rod and reel when I went fishing. My friend and his sons kept fishing and were having a fun time catching fish.

About an hour later, Albert's son said he caught a big fish. I grabbed the net and waited for him to bring the fish onto shore. I could not believe my eyes. His son had brought in my rod and reel and I immediately started reeling in my record fish.

Turned out the fish only weighed a couple of pounds, so I could no longer say I lost a monster fish. It was pure fishing luck that I got my rod and reel back.

Tight lines to all my fishing friends. Remember it does take luck to catch fish. ~ **Richard Carrasco**, ricarrasco52@gmail.com



Terry Miller with two huge fish he caught at Fisherman's Retreat in Redlands

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SHUFFLEBOARD

For anyone who may have eaten a little too much food at Thanksgiving, a little exercise might just be what the doctor ordered. We are well into our winter hours, which means that we begin playing shuffleboard at 9 am, on Monday and Saturday mornings. So come out for some fresh air and socialization and play some shuffleboard with us. We play at the new shuffleboard courts at The Lodge. For those of you who don't know where they are, they are located behind the swimming pool and next to the paddle tennis courts.

We now enjoy our own quiet and somewhat private area in which we play.

Shuffleboard is an easy game to learn, and anyone can quickly become proficient at this game. Our games usually last about an hour, and we choose up different teams each time we play. This allows us to keep the competition challenging and the games interesting. We play for fun, but of course, everyone likes to win. We have no losers, only non-winners.

We have a great group of residents who

play regularly, but we are always looking for new players. So if anyone is interested in joining a fun activity with lots of friendly people, please just show up on Monday and/or Saturday morning before 9 am. We will give you an introduction to shuffleboard if you have never played before, or a refresher, if needed.

If you have any questions or concerns, please contact me. Otherwise I hope to see you at the shuffleboard courts. ~ **Marty Rotman**, (310) 948-1693, mrtmj@aol.com

CURLY CUES BILLIARDS

We are always looking for new players and welcome ladies at any level of playing skill. You don't need to be an expert pool player in order to enjoy our group of ladies. We play on Mondays from 11 am until 1 pm in the Billiards Room. Come on down and start your Mondays with a fun group of ladies enjoying the game and the easy camaraderie.

Curly Cues wishes everyone a very happy holiday season and may the New Year bring health and happiness to all.

For more information, contact Barbara Morton at (559) 269-0908 or barb93720@yahoo.com. ~ **Barbara Morton**



Pat taking her shot as Janet looks on



Leta looking very serious as she lines up for her shot

WILD BUNCH BILLIARDS

Let's hope by the time you read this, the weather is nice and cool, perfect for a game (or two) of pool.

The "Wild Bunch" is in full swing, and looking forward to having those who are serious and competitive billiards players join us. We enjoy playing 8 Ball, Scotch Doubles, and 9 Ball. You don't have to be the best player, just a player who wants to improve your game in a more competitive setting.

The "Wild Bunch" consists of some of the best players in the league, and we are always looking for great competition. Some of



these players are Joe Spinella, Bob Rector, Paul Snyder, Mike Fisher, Dave Anderson, Scott Frymire, Dave Martin, Gary Condurucci, Brad Hodge, Verina Rector, Gracy Luna, just to name a few.

If you want to play serious, competitive pool, we invite you to come by the Billiards Room Friday afternoons from 12:30 to 3:30 and join in the stimulation of competitive play.

Looking forward to seeing you! ~ *Gracy Luna, gracyluna@aol.com, (951) 292-3624*

8-BALL CLUB

The 8-Ball club would like to welcome new member, Calvin Cummings. A big welcome aboard.

This month's in-house 8-Ball tournament had 13 players competing in the tournament. The games ran so long that the tournament had to be finished on that Friday. The 8-Ball final was between April and Bella. April was able to come away with the win. Congratulations to Bella, this month's runner up, and April, this month's champion.

At the time of this article's writing, the author did not have the results of the 9-Ball in-house tournament. We will publish those results in the next *Breeze*.

The 8-Ball Club continues the year with lots of practice and tournaments. The club practices or plays tournaments Mondays, Wednesdays, and Fridays 6:30 until 9 pm. The Club meeting is held on the first Wednesday of each month, an 8-Ball tournament on the second Wednesday of the month, and a 9-Ball tournament on the fourth Wednesday of the month. The club



*October 8-Ball Tournament
Champion April & Runner-Up Bella*

also plays four team events with Solera Oak Valley (1615 Fairway Dr., Beaumont, 92223) and Solera Diamond Valley (1645 Paseo Diamante, Hemet, 92545) on the first, second, third, and fourth Mondays of each month. Two here and two away. Check the calendar on the 8-Ball Club bulletin board for all the events each month.

If you're new to the game or have played it before, don't be shy, stop by, pick up a stick and give us a try. Walk in and ask for Del, Larry, or any of the members playing about the club. The 8-Ball Club is always looking for new members who would like to learn and play pool to join us. There is a calendar of our events in the Billiards Room, at The Lodge, and on the 8-Ball Club bulletin board.

If you have any questions about your 8-Ball Club, contact one of the officers: Captain Del Lyles, Sr. (951) 267-1752, Co-Captain Larry Rice (951) 236-1156. If no one answers, just leave a message and one of us will get back to you. ~ *Larry Rice*

BILLIARDS FOR FUN GROUP

We had our third quarterly tournament of 2023. The first place team was Bob Rector/Dave Williams. The second place team was Dave Thomason/Brad Hodge.

We want to give a shout out to our third place (Honorable Mention) team of Paul Snyder/Mike Owens. Our last quarterly tournament of 2023 will be in December.

As a gentle reminder, to qualify for tournament play you need to have played third sessions in the quarter. So, come on down and get some games in. We meet on Tuesdays. The first session is from 11 am to 1 pm. Second session is from 1 to 3 pm. See you there!

For info, contact Paul Snyder at (909) 214-9464 or Donna Hendzel at (909) 435-6589. ~ *Donna Hendzel*



First Place Bob Rector and Dave Williams



Second Place Dave Thomason and Brad Hodge

TOPS



The TOPS group (Take Off Pounds Sensibly) is playing Bingo? Now, that's odd unless each square is a physical activity to burn calories. That's our current contest.

We had lots of fun last month with exercise, our monthly theme. One activity was a 40-minute circuit training route during our regular meeting. It included balloons, weights, and Thera bands.

If you were forced to eat the exact same food every day, you would get bored. The same is true of exercise. That's why so many people inevitably let exercise resolutions fall by the wayside. So, we decided to try something new.

Circuit training combines a variety of resistance exercises, and targets different muscle groups. This type of exercise keeps your body and brain guessing as you quickly move from one task to another. Our exercises included bicep curl, marching in place, triceps extension, wall sit, seated leg extension, soup can punches, lat pull-down, wall push-ups, chest press, and warm up and cool downs. This was a full body workout and lots of fun.

We meet on Tuesday at 8:30 am in the Ballroom. For more information, call Andi Henderson (918) 497-6491. ~ **Andi Henderson**

CO-ED BID WHIST

Hey everyone, our club had quite a month of activities for October. First, a winning team – Frank Turner and Bill Palmer – has emerged with an impressive five Bostons scored in one night. We now have a challenge to beat this score! Second, we hosted a potluck to help bring in holiday cheer. The food was delicious, the beverages were filling, and everyone enjoyed playing Bid Whist afterwards. We even ended the month on Halloween with a fun-filled and spooky night.

I am inviting more folks to come out and play Bid Whist. We have paper flyers available at The Lodge, and our electronic flyer can now be viewed on the E-Boards in all the facilities and online in the Activities Blast.

We will teach you how to play this game. Bid Whist is a variation to

the original game of Whist and it involves strategy, card counting and careful communication with a partner. It is similar in play to Bridge and Spades. Whether you are new to the game or a veteran player, I invite you to come out and play with us!

The coed Bid Whist group meets on Tuesdays from 6 to 8:30 pm in the RCN Building, Activity Room #3. We offer a satisfying game environment filled with skill, good cheer, good-natured trash talking, and some great music. Win or lose ... you will have a lot of fun and meet some great folks while playing Bid Whist. We look forward to seeing you at the tables!

For more information, contact Frank Turner at (562) 922-9737. ~ **Frank Turner**



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*The Ladies
Putting Group
recognized Breast
Cancer Month by
donning pink on
two of our putting
days in October*



LADIES PUTTERS

The cooler weather hasn't stopped these gals from coming out and "puttering around." Since October is Breast Cancer Month, the Ladies Putter Group took the opportunity to don pink (or variations thereof) for several "Pink Putting" days. As always, we'd love to see more gals come out and join us. It's a low-impact, "high fun and social" activity, and the best part is no experience is necessary. We

have extra putters and balls if you'd like to come out and give it a try. Our 9-hole putting green is located at The Courts behind the pool area. Our putting days/times are Mondays at 4 pm and Fridays at 9 am. For more information, please contact Bonnie Brown at (951) 337-0833 or Elaine Brown at (626) 589-9791. ~ **Phyllis Kates**

MAH JONGG

Hello all! We are now playing Mah Jongg in the RCN Main Room every Friday morning from 10 am to noon. I hope you can join us. The great part is that you do not have to commit to every Friday.

If you are interested in learning this game, we arrange periodic lessons and have a table designated for new players.

If you have any questions or would like to arrange an introductory lesson, contact Terry Hall at Terryhall005@gmail.com. ~ **Terry Hall**

4X4 SEASONS

Our 4x4 group went to Pismo Beach last month. We enjoyed the sand dunes, the beach, the sunsets and many of the great opportunities California's Central Coast offers.

Our group meets in the RCN Conference Room on the second Tuesday each month at 6:30 pm. We usually go on a local 4x4 run on the following Thursday. Our group also plans a couple of overnight

trips each year. We try to plan our overnight trips to accommodate RVs or a motel stay. If this looks like fun, please join us at one of our meetings and day trips.

For more information, please contact Brian Fusilier, at (909) 215-2778, bfusilier@verizon.net or Scott Snyder at (565) 714-7252, scottdonaldsnyder@gmail.com. ~ **Scott Snyder**



Mike Frysinger watching a beautiful sunset



We gathered on the beach after just running the dunes



Our group at The Whale Cave in Avila Beach

DOMINOES

Our October's championship match was quite interesting and ended in a three-way tie between Reggie Fuqua, LeRoy Wright, and me, Roxanne Williams. During October, several players scored enough games to qualify for the final match. However, just four players competed in the final match. The play was intense and continued back and forth. We decided to end the match acknowledging three winners (at right) for the month.

I must say that to be included in this coveted circle of players was truly gratifying. I held my own against three other elite



players and former champions. I do want to give a special "shout out" to Jesse Dimmer. For me personally, Oct. 27 will definitely be a night to remember.

Congratulations to Reggie, LeRoy, and Roxanne — the champions for October!

The Dominoes Club plays every Wednesday and Friday from 6 until 9 pm in the Game Room. We encourage more players, whether new to the game or experienced, to come out and join us for an enjoyable time "slamming bones." Novice players are encouraged to come out from 5 to 6 pm on Wednesdays and Fridays to learn the game.

For more information, contact Reggie at (951) 743-3594 or Jesse at (951) 769-2035. ~ **Roxanne Williams**

PHASE 10

We hope to see more fun-loving card players join us in The Lodge Game Room on Tuesdays, Dec. 12 and 26 from 2 to 4 pm.

There have been the usual 'faithfuls' but we would love to see more join us to play this fun game. Snacks are provided.

The goal is to complete the 10 phases that are established for the game one round at a time. These phases include 'sets' of cards (all the

same number) and 'runs' (cards in a sequence). There are also Wild cards and Skip cards during play.

Thank you for your support. At this writing I am still undergoing rehab for my back fracture but Lynette Smilac has graciously stepped in. If you have any questions, please contact Marianne Bugni at (920) 517-2739 or email lamarib77@gmail.com. ~ **Marianne Bugni**

BRIDGE FOR FUN

If you are thinking of new activities and have a basic knowledge of how to play the game of Bridge, come join us on Wednesdays from 12 until 3:30 pm in The Lodge Game Room. We are a fun and easy-going group; come play with us. For more information, contact Verona Rector at (951) 769-1687. ~ **Lois L. Butler**

UPTOWN DIVAS BID WHIST

Uptown Divas Bid Whist Group meets on the first and third Fridays of every month from 2 to 4 pm in The Lodge Game Room. ~ **Deborah Garner, kenyakiki@aol.com**



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PINOCHLE FOR FUN

Whether you are a new or an experienced player, we will help you enjoy the game. We meet in the RCN Room 1 every Monday, Wednesday, and Friday from 9 am to noon. If you have any questions, don't hesitate to contact either Karen Farmer at (951) 313-6149 or Floyd Reid at (951) 317-3127. ~ **Karen Farmer**

HEARTS

We play Hearts every Tuesday at 6 pm in The Lodge Game Room. We welcome new players. If you don't know how to play, we'll be happy to teach you. Seating is done by random card draw. Try your luck at getting all the hearts plus the queen of spades. That takes 26 points off of your score, or if you choose, adds 26 points to all the other players at the table. The jack of diamonds takes 10 points off of your score. Lowest score wins. It is lots of fun and we look forward to seeing you on Tuesday evenings. ~ **Lynette Smilac**, smilac1954@gmail.com

BUNCO

You are definitely missing out on the fun if you haven't checked out the Bunco group. We play every Friday from 1 to 3 pm. On the first and third Fridays, we play regular Bunco in the RCN. On the second, fourth, and fifth Fridays, we play Wacky Bunco in The Lodge Game Room. You never know what twists the Crazy Bunco Ladies have in store for you on these Fridays. We've even had birthday and holiday celebrations as well as luncheons at Morongo!

So if you want to add some laughter and new friends to your life, join us on Friday afternoons. Plan on arriving around 12:45 pm because we start rolling those dice at 1 pm. Everyone is welcome (men included)! For more details, please contact one of the crazy Bunco ladies: Linda Supernaw at supernaw4@sbcglobal.net or Cheryl Diego at kinderbear@msn.com. ~ **Cheryl Diego**

CANASTA

Join us for an afternoon of friendship and fun while playing a game of Hand and Foot Canasta. We meet on Thursdays in the RCN Main Room from 12:45 to 4 pm. Table assignments are distributed at 12:45 pm. Each week you may play with someone different, giving you an opportunity to meet new friends and/or to visit with existing friends. We supply the cards, so just bring yourself and a desire to have fun. If you don't know how to play, we are always happy to set up a teaching table — by the end of the afternoon you will have mastered the game. Join us. ~ **Pam Morales**, pamelamorales26@gmail.com

THREE THIRTEEN

Three Thirteen is a fun and fast-paced card game, played in 11 rounds. A variation of rummy, players meld using runs and sets of at least three cards. The first player to lay all cards down receives no points. Then the remaining players lay down their cards, on either the first player's cards or their own. Each round uses a progressive, new wild card, from 3 to Kings. The lowest score wins. Not a lot

of rules to remember and it's quick and easy to learn. Everyone is welcome and we will always have a learner's table, if needed.

We meet the first and third Tuesday of each month at 2 pm in The Lodge Game Room. Everyone is welcome to join us. If you have questions or want your name to be added to the group email list, contact Simone at simone@bissada.net. ~ **Simone Bissada**

PAN

We are looking for players, substitute players, and people who are interested in learning the game. I am happy to teach anyone who wishes to learn to play Pan, either individually or in a small group — your home or mine. Pan is a card game, much on the order of Gin in some respects, that is played with up to eight people at a table. It is played by both men and women, so all are welcome. The game is played during the day or in the evening in The Lodge or at a private home. If you are interested, please contact Linda Mendelson at (951) 941-9100 or email Goldtoy@earthlink.net, and I will answer any questions you may have. As with all card games, it is played with both skill and luck. ~ **Linda Mendelson**

RUMMIKUB

Do you miss playing your favorite tile game, Rummikub? We sure miss seeing friends and making new ones while playing this fun, fast-paced game.

We play in the Game Room at The Lodge on Mondays from 2 to 4 pm. We welcome pros and newcomers alike and are always happy to teach the game to anyone who is interested. So come out and meet your neighbors and have a great time.

If you have any questions, I can be reached at retiredatlast@outlook.com. ~ **Caryn McSweeney**



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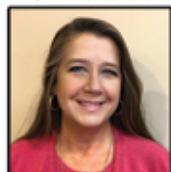
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“Get the Joke” is a simple contest ... somewhere in this issue is a “joke” ad, article, or other notice. You’ll know it when you see it — it will be silly, over-the-top ridiculous, or just plain goofy — and hopefully it will bring a smile to your face. When you find it, email your response to FourSeasonsNews@yahoo.com. Or you can cut out and complete the box below and take it to The Lodge front desk. One correct entry will be chosen at random to win a \$20 gift card to The Bistro. Please get your entry in no later than the eighth of the month. Thanks!

LAST MONTH'S JOKE



We only had one person find Big Foot on the cover. They said he was elusive and they were right. We'll make this month's joke easier.

YOUR COMMENTS

OMG! Never thought to look outside the magazine! Sasquatch — sighted in Four Seasons on a trail! Be on the lookout! Too funny once we found it! Linda P.

THIS MONTH'S WINNER:

LINDA PREUSCHOFF

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MEDIUM

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5	4	9	8	7	2	1	3	6

HARD

Farewell to Four Seasons Friends

If you have lost a loved one and would like to let others know, you can have the information placed in this column in the *Breeze*. Guidelines are: Your loved one must have lived in Four Seasons Beaumont. Immediate family only may place the notice. Photos are optional. Limit the remembrance to 400 words and send it to FourSeasonsNews@yahoo.com. Be sure to include your contact information in case we need to reach you. Contact information will not be published.

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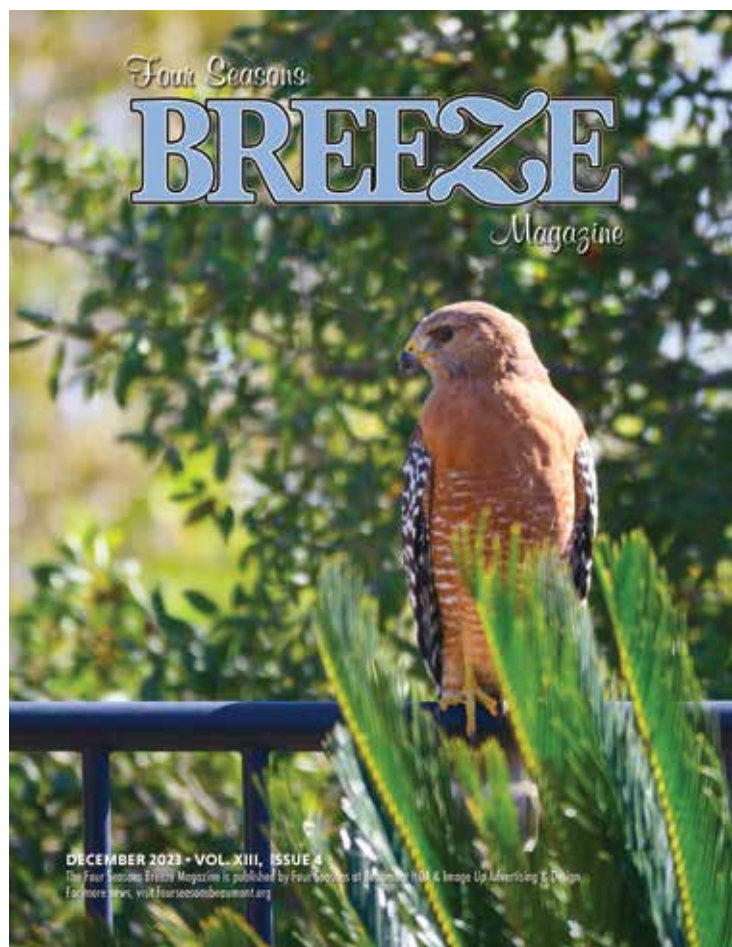
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- Send jpeg format photos to FourSeasonsNews@yahoo.com
- Include a brief description of the photo including the location
- If you have any questions, please call Courtney Taylor at (909) 797-3647

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The *Breeze* Communications Board requires all committees, clubs, and groups to submit their article **no later than 12 noon on the sixth of each month**. Maximum article length is 400 words and maximum number of photos per club/group is three. Email Microsoft Word document (.doc), Rich Text Format (.rtf) or simply include your article in the body of an email message to FourSeasonsNews@yahoo.com. Articles submitted as PDFs or in hard copy will not be accepted.

Please include the committee, club, or group name; writer's contact information; and organization's contact information. Within the article, include upcoming event details and general contact information. Photographs (maximum three) must be clear, in focus, and submitted as high-resolution jpegs with captions including the first and last name of everyone in the photo. NO COLLAGES. Photos and articles will be printed at the discretion of the Communications Board.



COVER PHOTO

Photo by John Baeyertz

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